



**ALBANY SURF LIFE SAVING CLUB
SURF SPORTS
CONDITIONS OF USE - BOARDS
2016/17**

SURF SPORTS - INTRODUCTION

Surf Sports competition provides members the opportunity to refine and practice their lifesaving skills in the competition arena at local, state, national and international level.

Competition exists in numerous disciplines such as Boards, Skis, and Surf Boat and Life Saving events and suits everyone with a reasonable level of fitness. Participation can be social or competitive, depending on each person's desire. For further information, contact the Director of Surf Sports.

A number of training sessions across a range of disciplines are held by the club each week through-out the season, the details of these can be found in the calendar on the club website.

To participate in a sport and represent the club, a member must satisfy all SLSWA and ASLSC criteria of surf rescue certificate or bronze medallion qualifications and minimum patrolling hours.

SPORT SAFE POLICY

The Club is committed to improving the health of the community through safe participation in surf lifesaving activities. All training and competition will include warm up, stretch and cool down routines. Members, coaches and officiating personnel will be encouraged to attend approved training and accreditation courses in sports injury prevention and treatment when opportunities arise. Appropriately qualified first aid personnel will be in attendance at all training and competition sessions and first aid equipment will be readily available.

Training and competition sessions will only be conducted in suitable environmental conditions. Members are to notify the club of any medical conditions that may impact on their ability to safely participate in club activities. The club will record all medical conditions on a confidential database.

CLUB EQUIPMENT AND PROPERTY

GENERAL

- It is the duty of all members to respect the Club, equipment and property.
- All equipment, including lifesaving, competition and general equipment shall be kept in a clean and useable condition and stored in its designated area.
- Please see specific Surf Sports section for information on who can use, under what conditions and conditions of use.
- Removal of club equipment from Middleton Beach requires prior approval from the relevant Captain and/or Director of Youth or Director of Surf Sports.

TRAINING AND COMPETITION - PRINCIPLES

- Equipment should not be used for general training sessions when there are large surf conditions.
- In order to enable Club members to compete at interclub carnivals, the Club purchases higher quality equipment (eg, new boards, skis, boats, oars, etc) for which its preferred use should be limited to actual competitions.
- It is recognised that for the members to become familiar with this higher quality equipment, there needs to be opportunities for them to use it.
- This non-competition use is to be kept to a minimum to reduce the risk of damage to the equipment.
- Club members wanting to use this higher quality equipment need to be:
 - Experienced
 - Have demonstrated competency in the use of the equipment, and
 - Have displayed a committed approach to competitions in the current season.
- The relevant Captain and Director of Youth or Director of Surf Sports will determine the final equipment selection.

All Surf Sports minimum requirement – for new users/non members

1. Club will make available 1-2 trial sessions per season approx. 6/52 apart (Nov to Mid Jan, Mid Jan Mar) as arranged by the respective Surf Sports Captain.
Prior to commencing new users to have,
 - Paid Social Membership (\$80) prior to commencing – with aim that this is put towards full membership amount if ongoing equipment use is requested.
 - Complete necessary registration – for ASLSC and Surfguard prior to first trial.
 - Assessed Proficiency swim: 400m prior to first trial
2. Equipment to be allocated and trialled under direct supervision of appropriate surf sport captain limited to 6/52 as per above trial dates.
3. Choice of Equipment will be allocated and prioritised by appropriate Surf Captain.
4. At end of 6/52 trial period – new user need to decide, they can become full member and continue to access equipment, or cease using. If wishes to continue using equipment specific Surf Sport disciplines requirements required to be fulfilled. See specific Surf Sports section for further information.
5. If new user wishes to decline, they can otherwise continue accessing club as Social Member as per Induction booklet.

BOARDS/RACING MALS

1. Eligibility

- Members using boards must have currently hold a bronze or SRC certificate (exception to those on a 'have a go' membership who have completed a proficiency swim).
- Members who have never used a board are encouraged to speak to the board captain before using club equipment.

2. Access

- Boards should only be used by the member using the board when he/she feels competent in the surf conditions. User to check with Board Captain if there is any doubt.
- Use of club boards outside of Sunday completion and assigned afterschool board training times should be done so after discussion with the Board Captain (simple email/text with: name, time, board used)
- Order of access for use of boards
 - Active patrolling members
 - Competitive members using board for training
 - Active non-patrolling members
 - 'have a go' members
- Access to competition level boards for training/completion must be arranged with board captain.

3. Care

- We handling boards between racks and beach (especially on concrete) **EXTREME CARE** must be taken not to carelessly damage boards. Recommended two people to carry board.
- All boards should be washed down before placing back on the rack, including if a board has not been used and was just sitting on the beach.
- If you damage or find damage to a board, please place a 'do not use' tag on board, circle the damage with the whiteboard marker provided, contact Board Captain to ensure the damaged board is fixed appropriately and effectively. **Contact details, pen and necessary steps are laminated and tacked on the pylons in the board rack areas.**
- Costs of repairs are rather large and the more repairs we have to perform the less money the club has to purchase newer/better boards.

4. Maintenance

- Before you take a board into the water perform a quick nose to tail check of the board, looking for any cracks, dings, holes or fractures. If you do happen to find one complete the necessary steps to ensure the board doesn't get used whilst it is damaged and so that it can be repaired as soon as possible.

5. Transport

- During all transport of club boards, all boards (excluding soft boards) must be adequately protected in a cover provided from the club.
- All Boards must be secured firmly to the vehicle without damaging the board using **flat straps not rope**.
- Any damage sustained during transit needs to be reported as quickly as possible.
- Boards leaving the vicinity of Middleton beach must be signed out after consulting with the Board Captain and/or Club Captain.