



the Rip
25 January 2018



2018 Australia Day Citizen of the Year Awards

At ASLSC, we know that we have some amazing people who go above and beyond for their club. It is always a proud moment when we can stand up and recognise these people for their amazing contributions and show how grateful we are for what they do each and every day.

This Australia Day, Ainslie Mason, Beth Hearle, Christine Murray and Fergus Martin have been nominated for the 2018 Australia Day Citizen of the Year awards.

Nominees are judged based on:

- Their contribution to the community;
- Their inspiring qualities as a role model for the community; and
- Their role in creating an enhancement of community life.

If you would like to come along and show your support, there will be an Australia Day ceremony held at the new Centennial Stadium, Friday 26th January. Doors will be open from 9:30am with the ceremony starting at 10:00am. We would really love to see a ASLSC cheer squad!

The ceremony will finish around 1130am which will allow attendees time to move down to Middleton Beach for the Australia Day Celebrations commencing at 12pm.

more details at
www.albanysurfclub.com

Friday Ski Training

4:45pm @ Mids

Junior Training

Tuesday ASLSC
4:00 – 6:00pm

Australia Day Awards Ceremony

@ Centennial Stadium
Fri 25 January
9:30am

Cadet Camp

Fri 2nd – Sun 4th
Feb
@ Quarunup



**SMITH
THORNTON
ACCOUNTANTS**



Albany
Community Bank® Branch



Nippers Update

Hope everyone's enjoying the last week of school holidays and is ready to start off the new school year next week. I'm sure that all the parents are keen to see the school year get underway!

This week, there are **NO** Nippers activities at Mids as we are off to Geraldton for the Sunsmart Country Carnival. Good luck to those clubbies who are making the trip north for this competition. The wind and wave forecast for Geraldton should make for some interesting racing!

Remember to check your calendar for upcoming events.

Carl is arranging another great Cadet Camp at Camp Quaranup on 3-4 February - so get your rego's in asap to avoid disappointment!

The other key event that we need to be working towards is the Country Champs on 4 March. If you are keen to compete in Perth at these Champ's, and potentially qualify for the State Champs, make sure you write your name on the white board at the next Nippers day on 4 February.

Happy Australia Day & Go Albany!

Andrew



Surf Babies – ASLSC 2018

Albany Surf Life Saving Club will be offering **Surfbabies**, a six week course, run on Sunday mornings for children aged 2-4years. Conducted by fully qualified surf lifesavers, the programs aim to educate participants about the coastal environment and to be safe and confident beach-goers. Series 2 will begin February 3 2018.

If you or anyone you know might be interested please head to

<https://www.mybeach.com.au/training-education/childrens-programs/surfbabies-surfkids/> to enrol now.

SurfBabies & SurfKids

These fun 6 week programs offer children and their parents the opportunity to learn about beach safety and develop confidence in the water.



Series 1: 4 November - 9 December 2017

Series 2: 3 February - 10 March 2018

Locations: Alkimos Beach, Coogee Beach, Cottesloe, Fremantle, Mullaloo, North Beach, Quinns Rocks and Sorrento.

Cost: \$100 per child

Program and Times

(6 x 30min lessons)

SurfBabies Level 1	2yrs	8:30 - 9:00am
SurfBabies Level 2	3yrs	9:10 - 9:40am
SurfBabies Level 3	4yrs	9:50 - 10:20am
SurfKids Level 1	5yrs	10:30 - 11:00am
SurfKids Level 2	6-7yrs	11:10 - 11:40am

For more info contact Surf Life Saving WA

T: 9207 6666 or visit

[mybeach.com.au/surfbabies](https://www.mybeach.com.au/surfbabies)



Nipper Country Champs – Sunday March 4th, 2018

So... the Nippers Country Championships will be held at Sorrento Beach this year on the Sunday, 4th of March, the long weekend. This is our main target Carnival as it is our only qualifier for the State Championships due to be held two weeks later, on March 16th to 18th. The comp gives our Nippers a great opportunity to enjoy some friendly competition with our fellow country surf clubs. We encourage all our Albany Nippers who are keen to have a go and join in to contribute to our fantastic Albany Team Spirit.

Kids get the chance to win state country medals either individually or as a team in the many team events on offer. Clubbies looking for accommodation can join other club families, who often stay at the lovely Karrinyup Waters Resort and Caravan Park. As at the time of press, there was only one family chalet and a couple of small chalets available for the long weekend, however there are many camp sites left for those travelling in tents or campers. ASLSC may have one or two chalets available so contact us or if you would like to book a site, call them direct on 9447 6665.

Historically, Albany does extremely well in these carnivals and we hope to do even better this year, with many new smiling faces.

Please email juniors@albansurfclub.com.au to register your interest and we will get some terrific teams together.

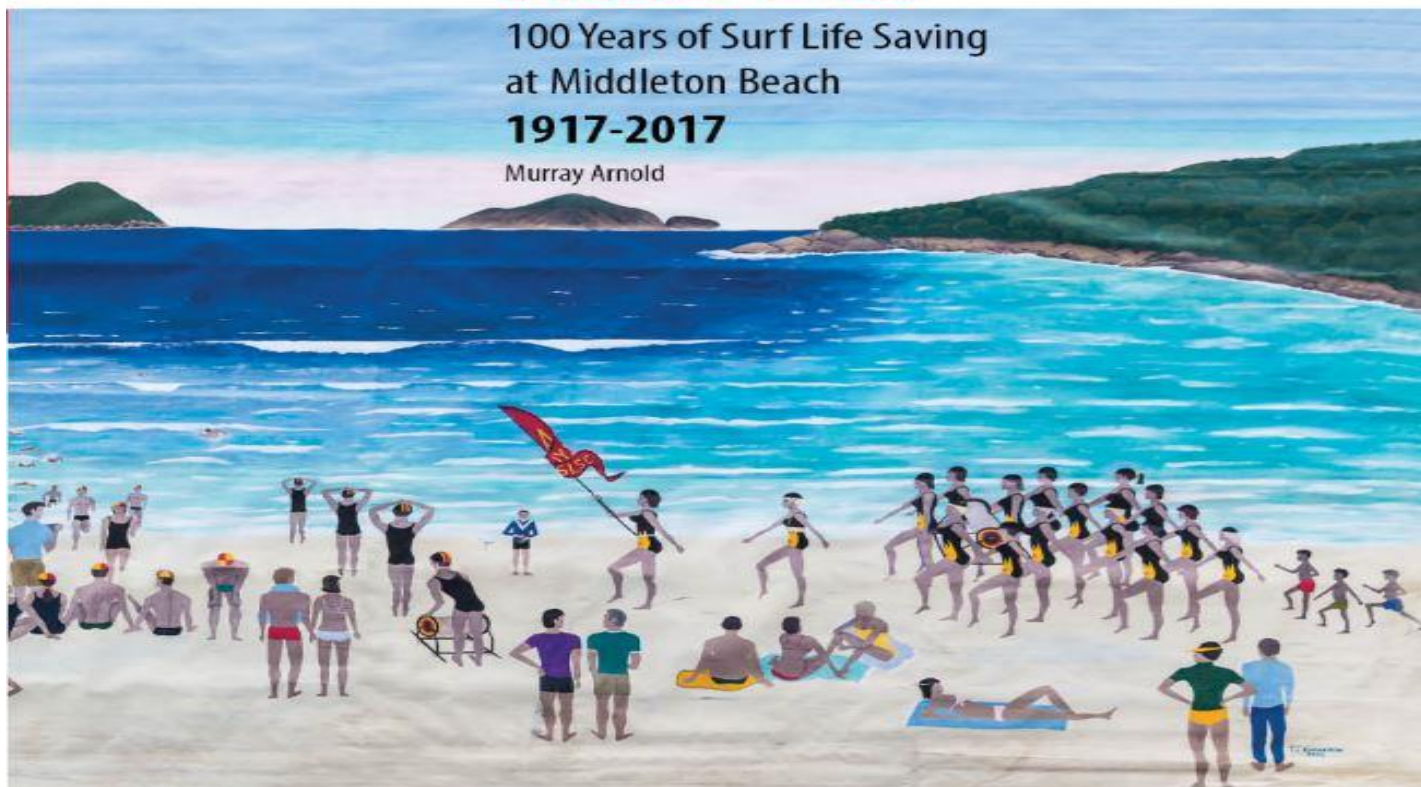
'Mids' 100 Years of Surf Life Saving at Middleton Beach

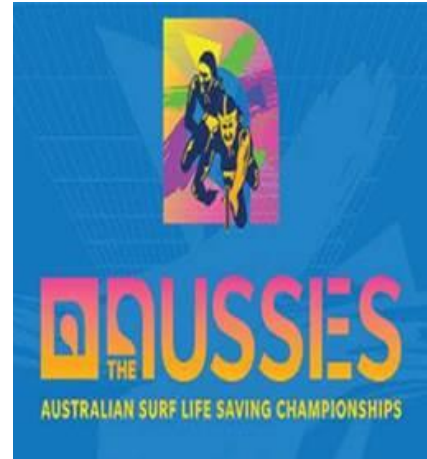
On sale Sunday club mornings 9-10am at ASLSC – \$35 Also available at the Albany Public Library

'MIDS'

100 Years of Surf Life Saving
at Middleton Beach
1917-2017

Murray Arnold





INTERESTED IN COMPETING THIS YEAR?

Well, here is what you need to do,

1. Hold a current Surf Qual: U14 – SRC, U15 or above – Bronze.
2. Have achieved your pre-requisite Patrol/Water Safety hours: U14 – not needed, U15 and Seniors - 16 hours if you have requalified, or pro rata (usually somewhere between 4-8hrs) if you are newly qualified this year.

Existing competitors - check this link to see if you have enough patrol hours already.

https://www.surfguard.slsa.asn.au/SLSA_ReportsOutput/tmpgFeWsB.html

3. Register your interest – email your name, age, championship event and races you want to compete in (for both individual and team – also include other team members you are competing with for teams) to either

clubcaptain@albanysurfclub.com.au or juniors@albanysurfclub.com.au

Get it on, times a wasting people.

Happening @ ASLSC

ASLSC Social Club Update.

Bar open this Friday 26th January – Australia Day from 5:30pm



Surf Ski Training

Fridays – Arrive 4:45 for 5pm sharp start

Join other members in technique, fitness & fun paddles or maybe train for competition in the State and Australian titles in Perth this year.

Regardless of wind direction we will find a paddle to suit.

Junior members are welcome to participate in non-ultra competitive situations.

Every offshore wind, we plan to have a handicap race towards Griffiths St. & return. Refer to the club season calendar for training dates and for Sundays involving ski events at a friendly club level.

Upcoming: It is intended to commence an additional & ongoing weekly ski training session specifically for junior members on Friday 9th. February at 4pm.

These will go for an hour prior to the seniors session at 5pm.

Contact Sophie Adeline if you're interested or rock up at the club.



Rob Slattery (Ski Captain.)

Senior Flag and Sprint Training

Flag and Sprint training for Cadets and Seniors Thursdays 6:15 to 7:15am.
Training for State and Aussie Nationals in Perth 2018.

Further info....contact Jo Lucas

0418 150155

campq@iinet.net.au

Disabled Surfers Association – Great Southern

As you may be aware DSA Southwest have been coming to Albany once/year for the last 3 years, each time a huge success with the biggest smiles from participants, carers, parents and volunteers. Albany has now formed its own group DSA Great Southern.

DSA Great Southern are calling out for anyone who is willing and able to volunteer their time to help out during the **LETS GO SURFING DAYS**. See the poster below and message if you would like to be involved in this amazing opportunity.

Great Southern's own
“Let's Go Surfing Days”



Supported by: DSA Southwest www.facebook.com/DisabledsurfersSw/
& the national DSA disabledsurfers.org/

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Volunteer Training - Feb 10th, 7.00am
Let's Go Surfing Days - Saturdays
Register 9.00am, start 10.00am – 12noon free BBQ
February 10th, March 17th, April 21st
www.facebook.com/DisabledSurfersGS/

Please 'like' (events too) and 'share' this page so we can get 'up and swimming' for next summer and message if you would like to be more involved NOW!



Join our [Facebook page](#) to keep up to date on all the info as it gets announced.

YOGA with JOY

EARLY MORNING YOGA CLASS

Open to all levels of yoga experience. Beginners welcome.

Wednesday mornings 6:30 to 7:30am
at Albany Surf Life Saving Club,
Middleton Beach (upstairs in the clubroom).

Welcome the middle of the week with an early morning yoga class. Energise and stretch the body before finishing with a short relaxation to calm the mind, whilst over looking beautiful Middleton Beach.

Cost: \$15 per class or
\$10 per class for ASLSC club members.
Bring a yoga mat and towel.

Further enquiries contact Joy Abbott 0412 229 931

Do YOU have any **WETSUITS** that don't fit you or aren't being used??

Time to pull them out and **donate** them to the
**DISABLED SURFERS ASSOCIATION
GREAT SOUTHERN**

Wetsuits can be dropped off to Tracy Neilson at:
Great Southern Personnel
4/14 Peels Place Albany
Phone: (08) 9842 1510 or mobile 0448 421 511

Check out the
Disabled Surfers Association Great Southern on Facebook
Thanks and Ciao, Kerry Ann Oakley Ph: (08) 98414141



MEMBER INFO

STAYING IN TOUCH - READ THE RIP, PLEASE TURN ON NOTIFICATIONS FOR OUR **FACEBOOK PAGE, VISIT WEBSITE REGULARLY. USE THE HANDBOOK FOR MEMBER INFORMATION [2016 2017 HANDBOOK](#) [2016 2017 CALENDAR](#)**

SPONSORS – photo rights

Our sponsors may want to use a photo in their publications from Surf Club ie. Club Champs Day, Ryde Marathon. [Sponsor Form](#) or see the website for the form asking for permission for the sponsor to use an image. Please complete and return email to sponsor@albanysurfclub.com.au or bring to a club day.

The Small Print

Photographs & Communication In the course of normal Surf Club activities your child's or your photo could be taken. Sometimes these images may be used for public viewing such as newspaper articles, website, FACEBOOK, newsletters and Surf Club publications. If you do not want your or your child's image used for any purpose outside Surf Club please inform the Surf Club in writing to media@albanysurfclub.com.au Please be advised that given the amount of pictures taken during a Surf Club season it is not always possible to identify all the children. Alternatively if you have taken photos through the season that are suitable please send to the above email for inclusion and or archiving. (name & date images.) Any articles for the newsletter must be emailed to media@albanysurfclub.com.au or robainslie@hotmail.com by Wednesday 2pm all articles and advertising must comply with SLSWA policy and are subject to approval. Please refer to your Handbook for information about events, procedures and contact lists.

FACEBOOK 

 Instagram

www.albanysurfclub.com.au

Australian for life. 