



the Rip
22 March 2018



Last Club Day This Sunday!

And just like that... it comes to an end! Well not quite, patrols continue until Easter Monday and the Sun Smart Senior State Championships is on this weekend at Scarborough. It's been a great season with lots of highlights and we look forward to reflecting on that a bit come the annual wind ups for both juniors and seniors. Thank you to everyone who has pitched in this season – I know many of you have gone way above and beyond – our sincere thanks!

On that note, we really need some people to step up for next year as we branch into bigger sub-committees to take some of the load of the Directors. Importantly, we are looking for a new Treasurer and a number of other positions that we would like to start transitioning over the off-season. PLEASE contact me if this sounds like you or you want to dob someone in ☺ thanks!

Good luck to the Seniors this weekend – a pretty big contingent heading up as our U/15's and U/17's are getting bigger in numbers along with our slightly more mature competitors. It is fantastic to see as this has traditionally been a bit of a weak spot for us. Go hard Albany!

See the rest of you on Sunday!

Cheers

Doh

more details at
www.albanysurfclub.com

Bar open @ASLSC
Friday 23rd March
5:30pm

Last Club Day
25th March
@ Mids

Albany Harbour
Swim
Saturday March
31st 2018

Senior Windup
Saturday 5th May
5pm @ ASLSC

Junior Windup
Sunday 6th May
12pm @ Mids



**SMITH
THORNTON
ACCOUNTANTS**



2018 SunSmart WA Nipper Surf Life Saving Championships

A massive congratulations to all our ASLSC Nippers who competed at Scarborough Beach last weekend. All reports are that the kids did an amazing job even when faced with less than ideal weather conditions. Friends were made across clubs and all the competitors showed wonderful team and sportsmanship. Our competitors came home with some awesome results and great experience.



Hattie
6th U11 Girls Ironman Final



Ned Shepperd Bronze U11 Surf Race



Hamish Bowles
6th U11 Boys Beach Run



Labron Taylor-McCoy
4th U13 Boys Flags



U11 Boys Ironman Final
Hamish 10th Ned 4th.



Bree Pass, Tahnee Poulter, Tanaya Poulter and Lucy Hills (Floreat)
4th U13 Sprint Relay Final



Angus Bowles 9th U13 Ironman Final



Education Report

By Celia Waugh ~ Director of Education

We are heading to the end of the season and what an amazing training year it has been.

I would like to take this opportunity to thank my fellow trainers and assessors:

Jeff Medcalf, Helena Stoakley, Joanne Lucas, Rob Lucas, Cameron Martin, Christine Ficko, Beth Hearle, Les Paxton, Kevin Pettley, Ian Spurgeon and Ken Clarke

you are amazing and donate so many hours to educate and assess our members.

If we didn't have candidates, we wouldn't have anyone to train – thank you and congratulations to all our new award members. I have really enjoyed seeing the bond built with each group.

STILL TO COME

ART(AID)

I am still keen to run an ART(AID) course.

Calling all Bronze members let me know if you are keen (I will only run the course if you message your interest). The course will be run over 2 evenings Theory then Practical –

OVER TO YOU – LET ME KNOW

BEACH MANAGEMENT

We had to postpone the planned course please let me know if you are still keen. You need to do the online course on the Members Portal (please email me when done) and SLSWA are sending me the training tools for me to deliver the course.

I can do that in the next couple of months or Sept/Oct this year – **LET ME KNOW.**

FIRST AID COURSE

I am in discussions with SLSWA (Commercial) who are keen to come to Albany to deliver the First Aid (Same as St Johns – Industry Recognised) to club members with no cost. Still waiting to hear when they are available – **PLEASE LET ME KNOW IF YOU ARE KEEN TO ATTEND.**

SKIPPER TICKET

Congratulations to everyone who has completed their Skipper Ticket this year and thank you to Cameron Martin for organising and delivering the courses.

TRAINING COURSE

I have been given the “all clear” to deliver the Training Course.

Thank you to those who have indicated their interest – anyone else PLEASE LET ME KNOW.

Happy to do the course when it suits you before next season.....let me know.

celia8083@hotmail.com Mobile: 0403 555 421

Nippers Report

Can you believe it? We've come to the end of the season!

This Sunday will see us at Mids to enjoy the last points day for the 2017/18 season. What a season we've had! Lots of great times on the beach plus comps, Bremer Bay, Nanarup, Muttonbird, Cadet Camp, as well as the great training sessions.

Make sure you take a moment this week to thank the "army" of volunteers who work hard week in and week out to make the season happen: AGM's and assistants, water safety crew, canteen crew, SRC / Bronze education crew, training coaches, and of course Karen – our trusty Sunday Coordinator. I'm sure Karen will need a break in Ubud to align her chakras soon!

This week the U15's will be doing "The Mission" as a culmination of their Nippers journey. This will be a 800m beach run, 400m swim, 800m beach run, 400m board paddle. If you can nail this in under 25 minutes you've met one of the criteria for Rescue Watercraft Operators! Who has what it takes? If you don't think you're up to this, there's always the option of doing it as a team.

Good luck to those clubbies heading off to the Senior State Championships at Scarborough Beach this weekend. As Grand Jedi Master Yoda would say: "May the force be with you!".

See you on the beach!

Andrew

Surf Babies 2018



Captain's Log

Hi all

Club Season is on its last legs - what a ride!

A big congrats to the small but hardy crew that made the effort for the handicap swim last weekend – double points for you and 10 points for Gryffindor.

This weekend, the finale. For Seniors the only event will be the handicap swim – and we have saved the best for last.

2 laps of the shark net, winner takes all. In, out, shake it all about. Most ridiculous swim cap gets their photo in the rip and possibly and generous review of their handicap start time.

Normal start time – don't miss it.

Aussies registrations are into last week and a bit – final shut off on the 4th April. Any Seniors still wanting to enter need to let me know asap. Stop playing coy – have a crack people. There are also teams that can still be entered as well.

I will be having a beer Fri afternoon at club – join me and tell me your plans, your hopes, your dreams. Also tell me your comp vest size if you want to compete. Aussies is picky – you can only wear their gear to compete – I think this year we will mostly be wearing ...Yoghurt!

I will have the current competitor list too so you can check what I have you entered in.

To the tiny crew heading up for States this weekend – good luck. TC Marcus might make it interesting – only time will tell. Stay safe and live the dream baby.

If you want to borrow any club sport gear if you are going up, you know the drill. You have to let me know who, what, when, and back when by. It is club gear so treat it with love, and don't lose it.

Email me on clubcpatain@albanysurfclub.com.au. No exceptions.

Below is the map layout for States this weekend. Might see you up there on the Sunday depending on how the boats go.

Hooroo



PLEASE NOTE: Change to start time. Now 7:30am
all following start times will also start 30mins earlier

Easter Saturday 31 March 2018
8:00 am Start

ALBANY Harbour 4km SWIM

Starting at the Princess Royal Sailing Club
and finishing at the ANZAC Peace Park

Registration closes on:
5pm 29 March 2018

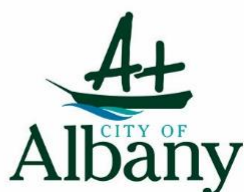
Registration & details:
albanymastersswimming.org.au

Open to Solo swimmers, Duo and Quad
teams. Open Water and Wetsuit divisions



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ALBANY MASTERS
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SOUTHERN PORTS
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an
Albany Surf
Life Saving Club
event



Strong and Proud 2018 @ASLSC

ASLSC hosted participants from Strong and Proud for a second year in 2018. A great session was had with by all. It was great to see our youth, Jordan and Taleah show leadership by talking to the group about their involvement in our club and helping with the activities. The Aboriginal youth participants really enjoyed themselves and learnt more about our club, surf lifesaving and being safe at the beach. Everyone had a blast.



Surf Ski Training

Friday 23rd. March....the last session for the season. Paddlers training for the "AUSSIES" – contact me for any queries re this event, or additional training leading up.

Rob Slattery
(SKI CAPTAIN)



Social Happenings

Bar open this Friday 23rd March from 5:30pm.

Come enjoy a swim, paddle or walk along the beach, then pop upstairs for the Sundowner.



YOGA with JOY

EARLY MORNING YOGA CLASS

Open to all levels of yoga experience. Beginners welcome.

NEW TIME! Wednesday mornings 6 to 7am
at Albany Surf Life Saving Club,
Middleton Beach (upstairs in the clubroom).

Welcome the middle of the week with an early morning yoga class. Energise and stretch the body before finishing with a short relaxation to calm the mind, whilst overlooking beautiful Middleton Beach.

Cost: \$15 per class *or*
\$10 per class for ASLSC club members.
Bring a yoga mat and towel.

Further enquiries contact Joy Abbott 0412 229 931

Do YOU have any **WETSUITS** that don't fit you
or aren't being used??

Time to pull them out and **donate** them to the

**DISABLED SURFERS ASSOCIATION
GREAT SOUTHERN**

Wetsuits can be dropped off to Tracy Neilson at:
Great Southern Personnel
4/14 Peels Place Albany
Phone: (08) 9842 1510 or mobile 0448 421 511



Check out the
Disabled Surfers Association Great Southern on Facebook
Thanks and Ciao, Kerry Ann Oakley Ph: (08) 98414141

Great Southern's own "Let's Go Surfing Days"



Supported by: DSA Southwest www.facebook.com/DisabledsurfersSw/
& the national DSA disabledsurfers.org/

As you may be aware DSA Southwest have been coming to Albany once a year for the last 3 years, each time a huge success with the biggest smiles from participants, carers, parents and volunteers. Albany has now formed its own group DSA Great Southern.



Volunteer Training - Feb 10th, 7.00am

Let's Go Surfing Days - Saturdays

Register 9.00am, start 10.00am – 12noon free BBQ

February 10th, March 17th, April 21st

www.facebook.com/DisabledSurfersGS/

Please 'like' (events too) and 'share' this page so we can get 'up and swimming' for next summer and message if you would like to be more involved NOW!

MEMBER INFO

STAYING IN TOUCH - READ THE RIP, PLEASE TURN ON NOTIFICATIONS FOR OUR **FACEBOOK PAGE, VISIT WEBSITE REGULARLY. USE THE HANDBOOK FOR MEMBER INFORMATION [2016 2017 HANDBOOK](#) [2016 2017 CALENDAR](#)**

SPONSORS – photo rights

Our sponsors may want to use a photo in their publications from Surf Club ie. Club Champs Day, Ryde Marathon. [Sponsor Form](#) or see the website for the form asking for permission for the sponsor to use an image. Please complete and return email to sponsor@albanysurfclub.com.au or bring to a club day.

The Small Print

Photographs & Communication In the course of normal Surf Club activities your child's or your photo could be taken. Sometimes these images may be used for public viewing such as newspaper articles, website, FACEBOOK, newsletters and Surf Club publications. If you do not want your or your child's image used for any purpose outside Surf Club please inform the Surf Club in writing to media@albanysurfclub.com.au Please be advised that given the amount of pictures taken during a Surf Club season it is not always possible to identify all the children. Alternatively if you have taken photos through the season that are suitable please send to the above email for inclusion and or archiving. (name & date images.) Any articles for the newsletter must be emailed to media@albanysurfclub.com.au by Wednesday 2pm all articles and advertising must comply with SLSWA policy and are subject to approval.

Please refer to your Handbook for information about events, procedures and contact lists.

FACEBOOK 

 Instagram

www.albanysurfclub.com.au

Australian for life. 