



the Rip
8 March 2018



Awesome Surf Life Saving Club (our new name?)

Well done everyone, you are truly awesome! 3 carnivals – Masters, Country's and Little Nippers – over the long weekend and Albany shone in all of them. The results, medals, individual and team efforts were really inspiring – have a scroll through the results sheets attached to this Rip.

Absolutely pointless trying to name highlights or special performances as there were so many. It was incredible to win the Country Champs Handicap for the 3rd year in a row seeing it is a "most improved" award but seeing how far we have come every year in the last 3 years we really have smashed the previous years results each time. Well done!

A huge thanks to all who made the weekend possible – those who planned and organised, coached, managed, officiated, did water safety or first aid – it wouldn't have happened without you. Kids – thank your parents for the huge effort they all made to get you there and back!

I am sure it will appear later in this Rip, but I also want to congratulate those who held up our patrolling responsibilities while the rest of us were having fun. Thank you to everyone who rolled up, filled in, or drove back from Perth to make your patrol. We are very proud of you and especially a couple of fairly new members who stepped up and put their skills to use on Sunday.

Club Champs this weekend!! It doesn't stop does it? Then a couple of weekends of State Champs and before we know it – Aussies! Keep up if you can!

See you soon you Legends!

Proud Pres.

more details at
www.albanysurfclub.com

Senior Club Champs

Sat 10th March @
Mids
12:00-2:00

Club Sundowner

Sat 10th March @
ASLSC
2:00pm

Junior Club Champs

Sun 11th March @
Mids
8:45am for 9:00am
start.

Junior Training

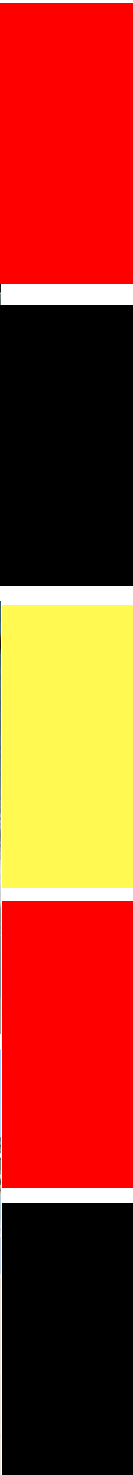
Tuesday ASLSC
4:00 – 6:00pm

Albany Harbour Swim

Saturday March
31st 2018









Albany Surf Life Saving Club



Between the Flags

4 Rescues on Sunday afternoon, yes that was 4!

Congratulations to the Sunday afternoon patrol last ably led by acting Patrol Captain Greg Peppall who, yes, if you didn't hear me the first time, clocked up four rescues in one very unusual hour of patrolling at Middleton Beach.

With nobody swimming between the flags at 1.30pm, the beach was, as it often is, very quiet. With the change of rotation at 2pm, new bronzies, Zeke Medling and Alex Poulton asked to be a roving patrol on boards within the enclosure. The conditions were relatively calm, but within the next 50 minutes Zeke and Alex had assisted four swimmers, all clearly out of their depth and in varying degrees of trouble to the shore. Of those four, two swimmers; a weak swimming eight-year-old, who Zeke found 30 metres from shore and a 30 year old Korean national, who Alex found 15 metres from the pontoon in real difficulty, can be very, very thankful that these two lads showed up. So, if you see Alex or Zeke around the club, do congratulate them on their initiative and their efforts!!

The question that the rest of the patrol asked themselves at the end of the shift was; If these two members were not on boards would we have seen them? As three of them were out of the flags, but within the enclosure, I probably think not in at least two cases. It is a timely reminder that we all need to be always vigilant on Patrol. Finally, of the four, two were of Asian descent, one African and an Australian and ranged in age from 8 to 40. We need to be ready for a varied range of swimmers at our beach every day.

Triathlon Water Safety

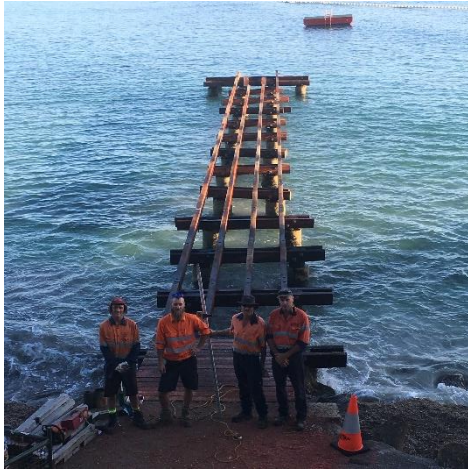
A big thank you to Les Paxton, Hayden Chandler, Jordy Morcom, Lynda Jose and Alex Poulton for volunteering to supervise the Albany Tri Club Event. Your efforts were really appreciated by the club and the competitors.

Harbour Swim

Our next major water safety event is the Harbour Swim on Easter Saturday. Please help out if you can, the club benefits greatly from this event and your support is appreciated. A list is being created on the water safety noticeboard.



AND...to top off our week...



We had a wonderful surprise visit from Stuart of Crossview Enterprises on Tuesday night amongst the craziness of board training and team photos.

Crossview Enterprises are the team doing an awesome job fixing up the jetty.

They have donated a fantastic \$500 to the Nipper program from the sales of the timber from the Jetty.

Thanks guys...you guys rock!

Make sure you say a huge thanks to Stuart and his team when you are cruising past them on the boardwalk.

Nippers Report

Wow! What a long weekend it has been. It was fantastic to see the great spirit shown by all Albany clubbies at Sorrento for the Country Champs....and to top it off with a "three-pete" Club Handicap title was terrific. Well done to all competitors (yes even the boaties!), AGM'S, officials, and support people. The biggest shout out, however, must go to Sarah and Nadine for going above and beyond and making sure the weekend ran like clockwork. Make sure you pat them on the back when you see them at the beach and say "Thanks!".

This weekend see's us return to Midds for the Club Championships on Sunday. The day will run like a mini carnival with each age group vying for the coveted "Club Champion" award. Points will be awarded for individual performance in events on the day and then tallied at the end of the day to determine the winners. Club Champions in each age group will be presented by our Life Members following the conclusion of events. The day is a great opportunity to get some practice in a carnival atmosphere - and a great opportunity to display great sportsmanship as you strive to do your best.

Please make sure that you're on the beach by 8:45am for a 9am start. The morning will run a little longer than normal, so please bear with us as we run through the schedule.

Red Caps are the duty crew this week - so come on down to help set up / pack up and bring along those tasty treats for the canteen.

See you on the beach!

Andrew

Captain's Log

Well there you have it - a huge last weekend with the double header State Masters and State Country Champs.

Well done Albany - massive effort all round.

For Masters Albany came 7th out of 20 clubs in the state and was the first country club over the line. For Country Champs the Handicap winner and 3rd overall on points. Awesome work. Was a great weekend away and a lot of fun. Is an amazing way to get to know everyone - highly recommended.

But that was then, this is now. Move on people. Upcoming events abound everywhere.

This Saturday is the Seniors Club Champs for U17 and up. Starting at 12pm, with the bar open at 2pm. Just like States but only better because it is us. Make sure you come down and get ready to get your comp on. We will do a range of competition beach and water events, with overall points winner being named at the final wrap up and presentations. Be in it or not - its ok. Really. Come down and beer up from 2pm. A big thanks already for the number of people that have volunteered to officiate or help out - so good! I will email and text this Friday.

Following this each weekend various State carnivals - Little Nippers, State Opens and Youth, then Aussies. I need registrations asap - let me know now. Individual and teams. No mucking around.

In amongst all this locally we have the Harbour Swim, the Denmark Ocean Classic, Easter and the end of the season. Way too much to deal with.

BTW - THERE IS NO HANDICAP SWIM THIS SUNDAY DUE TO JUNIOR CLUB CHAMPS. All good from next weekend though.

Get amongst it

Cheers

Matt



ASLSC PRESENTS

SENIOR CLUB CHAMPS

SATURDAY 10TH MARCH
(YES THIS SATURDAY)

START- 12:00PM SHARP

JOIN US AFTER THE SENIOR CLUB CHAMPIONSHIPS
FOR A SUNDOWNER FROM 2PM.
BYO A PLATE OF NIBBLES TO SHARE

THERE WILL BE A SIMPLE BOARD GAMES
CIRCUIT FOR KIDS (& BIG KIDS) TO ENJOY
WHILE THE SENIORS COMPETITORS RECOVER.

ALBANY SLSC ANNUAL AWARDS

NOMINATIONS OPEN NOW

ALL MEMBERS are invited to nominate fellow club members for the **Annual Club Awards**. The Committee will consider all nominations, select finalists and vote. Winners will be announced and presented with their award at the Annual Dinner.

NOMINATE BY FRIDAY 16 MARCH 2018

Send your nominations to Perdie via
Email admin@albanysurfclub.com.au or Mobile: 0408 102 585

SLSWA 25 Year Club Towel

Awarded to an Under 14 member in recognition of that member's all round contribution through patrols and participation in club activities and competitions.

Hadn & Jann Hood

Youth Lifesaver of the Year

Awarded to a member aged 13 to 17 years in recognition of their outstanding commitment to lifesaving - patrols, water safety, special events, education

Ray & Doreen Kelly Lifesaver of the Year

Awarded to a senior member in recognition of their outstanding commitment to lifesaving - patrols, water safety, special events, education

Tony Bush Boat Perpetual Trophy

Awarded to a boatie in recognition of their all-round commitment and achievements in surf boat rowing.

Albany SLSC Education & Training Award

Awarded to a member for their commitment and dedication to education, training and/or officiating activities

Albany SLSC Most Improved Award

Surf Sports

Awarded to a member who has trained, shown improvement and achieved results due to their commitment to training.

Terry Engledow Endeavour Award

Awarded to a member that has shown great endeavour throughout the season, a club allrounder who puts great effort into what they do and always tries hard.

David Smith Memorial Trophy

Club Person of the Year

Senior member who has shown commitment, upheld the values of the club and worked tirelessly for the benefit of members interests

PLEASE NOTE: Change to start time. Now 7:30am
all following start times will also start 30mins earlier

Easter Saturday 31 March 2018
8:00 am Start

ALBANY Harbour 4km SWIM

Starting at the Princess Royal Sailing Club
and finishing at the ANZAC Peace Park

Registration closes on:
5pm 29 March 2018

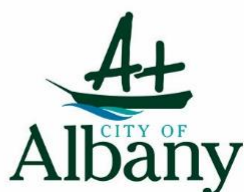
Registration & details:
albanymastersswimming.org.au

Open to Solo swimmers, Duo and Quad
teams. Open Water and Wetsuit divisions



Proudly supported by:

ALBANY MASTERS
SWIMMING



SOUTHERN PORTS
ALBANY BUNBURY ESPERANCE

an
Albany Surf
Life Saving Club
event



Happening @ ASLSC

Social Update

Bar open this **Friday 9th March** – 5:30pm

Sat 10th March

Join us after the Senior Club Championships for a Sundowner from 2pm.

BYO a plate of nibbles to share

- There will be a simple board games circuit for kids (& big kids) to enjoy while the seniors competitors recover.

Surf Ski Training

Normal ski training this Friday

Fridays – Arrive 4:45 for 5pm sharp start

Join other members in technique, fitness & fun paddles or maybe train for competition in the State and Australian titles in Perth this year.

Regardless of wind direction we will find a paddle to suit.

Junior members are welcome to participate in non-ultra competitive situations.

Every offshore wind, we plan to have a handicap race towards Griffiths St. & return. Refer to the club season calendar for training dates and for Sundays involving ski events at a friendly club level.

Upcoming: It is intended to commence an additional & ongoing weekly ski training session specifically for junior members on Friday 9th. February at 4pm.

These will go for an hour prior to the seniors session at 5pm.

Contact Sophie Adeline if you're interested or rock up at the club.

Rob Slattery (Ski Captain.)



YOGA with JOY

EARLY MORNING YOGA CLASS

Open to all levels of yoga experience. Beginners welcome.

NEW TIME! Wednesday mornings 6 to 7am
at Albany Surf Life Saving Club,
Middleton Beach (upstairs in the clubroom).

Welcome the middle of the week with an early morning yoga class. Energise and stretch the body before finishing with a short relaxation to calm the mind, whilst overlooking beautiful Middleton Beach.

Cost: \$15 per class *or*
\$10 per class for ASLSC club members.
Bring a yoga mat and towel.

Further enquiries contact Joy Abbott 0412 229 931

Do YOU have any **WETSUITS** that don't fit you
or aren't being used??

Time to pull them out and **donate** them to the

**DISABLED SURFERS ASSOCIATION
GREAT SOUTHERN**

Wetsuits can be dropped off to Tracy Neilson at:
Great Southern Personnel
4/14 Peels Place Albany
Phone: (08) 9842 1510 or mobile 0448 421 511



Check out the
Disabled Surfers Association Great Southern on Facebook
Thanks and Ciao, Kerry Ann Oakley Ph: (08) 98414141

Great Southern's own "Let's Go Surfing Days"



Supported by: DSA Southwest www.facebook.com/DisabledsurfersSw/
& the national DSA disabledsurfers.org/

As you may be aware DSA Southwest have been coming to Albany once a year for the last 3 years, each time a huge success with the biggest smiles from participants, carers, parents and volunteers. Albany has now formed its own group DSA Great Southern.



Volunteer Training - Feb 10th, 7.00am

Let's Go Surfing Days - Saturdays

Register 9.00am, start 10.00am – 12noon free BBQ

February 10th, March 17th, April 21st

www.facebook.com/DisabledSurfersGS/

Please 'like' (events too) and 'share' this page so we can get 'up and swimming' for next summer and message if you would like to be more involved NOW!

MEMBER INFO

STAYING IN TOUCH - READ THE RIP, PLEASE TURN ON NOTIFICATIONS FOR OUR **FACEBOOK PAGE, VISIT WEBSITE REGULARLY. USE THE HANDBOOK FOR MEMBER INFORMATION [2016 2017 HANDBOOK](#) [2016 2017 CALENDAR](#)**

SPONSORS – photo rights

Our sponsors may want to use a photo in their publications from Surf Club ie. Club Champs Day, Ryde Marathon. [Sponsor Form](#) or see the website for the form asking for permission for the sponsor to use an image. Please complete and return email to sponsor@albanysurfclub.com.au or bring to a club day.

The Small Print

Photographs & Communication In the course of normal Surf Club activities your child's or your photo could be taken. Sometimes these images may be used for public viewing such as newspaper articles, website, FACEBOOK, newsletters and Surf Club publications. If you do not want your or your child's image used for any purpose outside Surf Club please inform the Surf Club in writing to media@albanysurfclub.com.au. Please be advised that given the amount of pictures taken during a Surf Club season it is not always possible to identify all the children. Alternatively if you have taken photos through the season that are suitable please send to the above email for inclusion and or archiving. (name & date images.) Any articles for the newsletter must be emailed to media@albanysurfclub.com.au by Wednesday 2pm all articles and advertising must comply with SLSWA policy and are subject to approval.

Please refer to your Handbook for information about events, procedures and contact lists.

FACEBOOK 

 Instagram

www.albanysurfclub.com.au

Australian for life. 