



the Rip
13 April 2018



AUSSIES ARE HERE!

Starting Saturday, the Australian Surf Life Saving Championships (The Aussies) is live at Scarborough Beach! Good luck to our large contingent of competitors of all ages heading up – it should be a fantastic week.

To anyone who will be in Perth next week, I strongly urge you to get down to Scarborough to check out the action. We may not see it in WA again for a while and it is a pretty big deal – especially for the kids to see some of their heroes and get inspired. Parking will be nigh on impossible so head to Abbett Park (Deanmore Rd, North of Scarborough Beach Rd) and catch the shuttle.

Thanks to Captain Matt for putting in such a big effort into organising our group for this event and to Sarah for stepping in to manage the Cadets.

Windups are a few weeks away and then its time for paddlers and rowers to start thinking about Surf Craft Challenge – see details further in this Rip.

Enjoy!

Roberto

more details at
www.albanysurfclub.com

Senior Windup

Saturday 5th May
5pm @ ASLSC

Junior Windup

Sunday 6th May
12pm @ Mids

Australian Surf Life Saving Champs

Starting 14th April
Scarborough Beach

ASLSC Surf Craft Challenge

WA Day Long
Weekend
June 2018



**SMITH
THORNTON**
ACCOUNTANTS



Albany
Community Bank® Branch



The Surf Life Saving WA, Youth Club Achiever Award recognises the outstanding club contributions of an U15 member, in the areas of lifesaving, education and sport.

The recipient at each club is a person who is self-motivated and strives to achieve to the best of their ability, respects others, displays a positive attitude and is a role model for peers and younger club members.

Albany Surf Life Saving Club would like to offer congratulations to all recipients of this award but especially to our very own **Molly Bowles**.

Well done Molly, you are an amazing young member of our club, a role model to others and we are all very proud!



Happening @ ASLSC

Social Happenings

Also open Friday 20th & for the last sundowner for the season on Friday 27th of April.

Tickets for the Senior Wind-up “Op Shop Formal Cocktail Party” are on sale now! – use this link <https://www.eventbrite.com.au/e/senior-wind-up-tickets-44984431646>



2018 Albany Surf Craft Challenge – WA Day Long Weekend

Registrations are now open for the Surf Craft Challenge. Always a huge event, come on down to compete, watch or simply join in the fun and soak up the atmosphere! All Welcome!

For online registrations visit: <https://www.registernow.com.au/secure/Register.aspx?E=29775>



SUNDAY JUNE 3

2018

ALBANY

SURF CRAFT
CHALLENGE



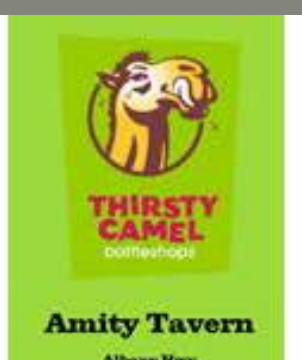
WA Day Long Weekend

13KM SURF BOAT AND SURF SKI COURSE,
PRINCESS ROYAL HARBOUR TO ASLSC, MIDDLETON BEACH
2km BEACH RUN @ MIDDLETON BEACH
FOOD, DRINK, LIVE MUSIC

Open to the public

Everyone welcome to compete, watch, join the fun

FOR EVENT DETAILS AND ONLINE REGISTRATIONS VISIT
WWW.ALBANYSURFCLUB.COM.AU AND FOLLOW US ON FACEBOOK
PROUDLY SPONSORED BY



YOGA with JOY

EARLY MORNING YOGA CLASS

Open to all levels of yoga experience. Beginners welcome.

NEW TIME! Wednesday mornings 6 to 7am
at Albany Surf Life Saving Club,
Middleton Beach (upstairs in the clubroom).

Welcome the middle of the week with an early morning yoga class. Energise and stretch the body before finishing with a short relaxation to calm the mind, whilst overlooking beautiful Middleton Beach.

Cost: \$15 per class *or*
\$10 per class for ASLSC club members.
Bring a yoga mat and towel.

Further enquiries contact Joy Abbott 0412 229 931

Do YOU have any **WETSUITS** that don't fit you
or aren't being used??

Time to pull them out and **donate** them to the

**DISABLED SURFERS ASSOCIATION
GREAT SOUTHERN**

Wetsuits can be dropped off to Tracy Neilson at:
Great Southern Personnel
4/14 Peels Place Albany
Phone: (08) 9842 1510 or mobile 0448 421 511



Check out the
Disabled Surfers Association Great Southern on Facebook
Thanks and Ciao, Kerry Ann Oakley Ph: (08) 98414141

Great Southern's own "Let's Go Surfing Days"



Supported by: DSA Southwest www.facebook.com/DisabledsurfersSw/
& the national DSA disabledsurfers.org/

As you may be aware DSA Southwest have been coming to Albany once a year for the last 3 years, each time a huge success with the biggest smiles from participants, carers, parents and volunteers. Albany has now formed its own group DSA Great Southern.



Volunteer Training - Feb 10th, 7.00am

Let's Go Surfing Days - Saturdays

Register 9.00am, start 10.00am – 12noon free BBQ

February 10th, March 17th, April 21st

www.facebook.com/DisabledSurfersGS/

Please 'like' (events too) and 'share' this page so we can get 'up and swimming' for next summer and message if you would like to be more involved NOW!

WATERMANS TO THE WALL 2018

29 April 2018

2.7km Swim
\$35 per person
9am

Watermans
Beach to
Sorrento SLSC

**SOLO, DUO AND
TEAMS OF 3**

Enter at www.sosslsc.com/watermans

• \$500 prize money to closet nominated time

If you have any questions please ring Jess Bunford
on 08 9448 1431 or
watermanstothewall@outlook.com

X-Adventure Dunsborough Offroad Triathlon - 21 - 22 April 2018

Looking for your next goal? X-Adventure Dunsborough is the ultimate mix of triathlon and adventure racing; featuring ocean swimming, trail running and mountain bike riding through paradise.

The weekend includes long and short course races, two kids' events plus the all-new Aquathlon-X which is added for the first time in 2018.

Dunsborough is one of the most spectacular settings of any race in the world with the course passing through the pristine coastal wilderness of Geopraphe Bay and Meelup Regional Park.

Entries are now open for X-Adventure Dunsborough at www.xadventure.com.au



X-ADVENTURE DUNSBOROUGH

The ultimate mix of triathlon and adventure racing.
Open to individuals and relay teams.

LONG COURSE RACE
OCEAN SWIM 15km
TRAIL RUN 12km
MTB RIDE 20km

SHORT COURSE RACE
OCEAN SWIM 700m
TRAIL RUN 6km
MTB RIDE 11km

KIDS' RACE
OCEAN SWIM 200m
TRAIL RUN 2.5km
MTB RIDE 4km

GROMS' RACE
TRAIL RUN 800m
MTB RIDE 1200m

NEW AQUATHON RACE
OCEAN SWIM 1000m
TRAIL RUN 5km

21-22 APRIL, 2018 DUNSBOROUGH, WA

WORLD QUALIFIER EVENT
WA STATE CHAMPIONSHIPS

XADVENTURE.COM.AU

ROYALTIES FOR WILDLIFE
CITY OF BUNBURY
URBAN QUARTER
DUNSBOROUGH AND DISTRICTS COUNTRY CLUB

MEMBER INFO

STAYING IN TOUCH - READ THE RIP, PLEASE TURN ON NOTIFICATIONS FOR OUR **FACEBOOK PAGE, VISIT WEBSITE REGULARLY. USE THE HANDBOOK FOR MEMBER INFORMATION [2016 2017 HANDBOOK](#) [2016 2017 CALENDAR](#)**

SPONSORS – photo rights

Our sponsors may want to use a photo in their publications from Surf Club ie. Club Champs Day, Ryde Marathon. [Sponsor Form](#) or see the website for the form asking for permission for the sponsor to use an image. Please complete and return email to sponsor@albanysurfclub.com.au or bring to a club day.

The Small Print

Photographs & Communication In the course of normal Surf Club activities your child's or your photo could be taken. Sometimes these images may be used for public viewing such as newspaper articles, website, FACEBOOK, newsletters and Surf Club publications. If you do not want your or your child's image used for any purpose outside Surf Club please inform the Surf Club in writing to media@albanysurfclub.com.au. Please be advised that given the amount of pictures taken during a Surf Club season it is not always possible to identify all the children. Alternatively if you have taken photos through the season that are suitable please send to the above email for inclusion and or archiving. (name & date images.) Any articles for the newsletter must be emailed to media@albanysurfclub.com.au by Wednesday 2pm all articles and advertising must comply with SLSWA policy and are subject to approval.

Please refer to your Handbook for information about events, procedures and contact lists.

FACEBOOK 

 Instagram

www.albanysurfclub.com.au

Australian for life. 