



Welcome to all our new members of Albany Surf Life Saving Club for the 2018-19 Season.

We hope you will enjoy being a part of our large family that meets regularly at Middleton Beach, every Sunday morning from the start of November. Join us throughout the season for all our events and fun.

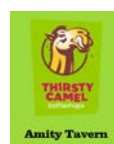
Thanks to everyone attending ASLSC for our Registration weekend. For those of you who haven't registered or renewed your registration yet, visit www.albanysurfclub.com.au. From there you can follow the links to join and pay. For anyone who may require help with registration or working with children forms, there will be an opportunity to meet up at ASLSC in the coming weeks. Details to follow soon.

Thanks to our registration team and all our helpers for making it such a smooth process. At this point, our numbers are telling us that we are slightly up from last season, which is great news for our club.

Catch you all soon, at the club
President Rob.

more details at
www.albanysurfclub.com

First Club Day
2018-19 Season
4th November
@ Mids



Registration 2018-2019 Season

Missed registration day? Don't worry it's not too late!

You can still register and pay online at albanysurfclub.com.au.

If you are joining as a **NEW** member please visit www.albanysurfclub.com.au/membership/becoming-a-member/

If you have previously been a member of ASLSC and wish to **RENEW** your membership for the 2018-19 season, please visit www.albanysurfclub.com.au/membership/renewingmembers/

Please note that this season there is a requirement for at least one parent to join with Nippers (up to U/13). This brings us in line with most other Surf Clubs and ensures we have enough parent members to help out.

Either take out a family membership for your whole family, or a Parent Membership (\$100) in addition to your child's membership.

This season's membership fees are the same as the last few years however we will be introducing a member contribution to carnivals this season to assist with the cost of carnival entry fees - details to follow later.

Education Corner

Celia Waugh ~ Team Leader Education/Lifesaving

Welcome to season 2018-19, we will soon be starting our education program.

Skipper Ticket

Anne-Marie Widermanski from Mullaloo SLSC will be in Albany on the weekend of **19-20 October 2018** and has offered to run a Skipper Ticket Course. It will be Saturday afternoon and Sunday. If you are interested in getting your IRB Driver's award you must have the Skipper Ticket. As SLSWA no longer offer this award to members there will be a cost of \$55.00 (you would pay \$150+ normally). **Please let me know ASAP if you are interested as I need to let Anne-Marie how many candidates we have by 5 October 2018**

I have outlined below some of the courses that I hope we can deliver to you this season. After this week's Rip the detail of these courses can be found on the website

Training is a two way contract – we can only deliver to you if you:

- (a) let me know what course/s you want to do; and**
- (b) commit to the training**

What I need now is for you to let me know what course/s you want to do.

Email or message me – celia8083@hotmail.com or 0403 555 421

I need to have it in writing or text (memory not as good as it used to be)

U/14 SRC & Cadets 15 Bronze do not need to reply your courses will be automatically organised for you – your job will be to commit to the training.

Looking forward to another great training season, hope to keep you posted on our progress and updates through the RIP.

Surf Life Saving Courses

Bronze Medallion: Courses will start soon after Registration Prerequisite <ul style="list-style-type: none"> •Minimum 15 years of age day assessment) •Financial •400m flat water swim in less than 9:00 mins 	The Bronze Medallion is a nationally recognised qualification and teaches a range of activities in order to be able to perform all the basic requirements of a lifesaver:
Surf Rescue Certificates: Courses will start soon after Registration	The Surf Rescue Certificate is the very first stage of becoming a lifesaver. Whether you plan to compete in surf sports or simply patrol, there are plenty of opportunities and a variety of challenges within a surf club
IRB Crew: Prerequisite <ul style="list-style-type: none"> •Minimum of 15 years of age on the date of final assessment •Hold the SLSA Bronze Medallion 	The IRB Crew Certificate course allows surf lifesavers to obtain qualifications in crewing an inflatable rescue boat.
IRB Driver: Prerequisites <ul style="list-style-type: none"> •Minimum of 16 years of age at training •Minimum of 17 years of age at assessment •Bronze Medallion and IRB Crew Certificate •Have Skipper Ticket 	The IRB Driver Award (Silver Medallion) course is run for Members through Surf Life Saving Clubs. The aim of this course is to help candidates develop skills and knowledge to safely and effectively drive an Inflatable Rescue Boat (IRB).
Advanced Resuscitation Techniques Course (ARTC)	The aim of the Advanced Resuscitation Techniques Certificate course is to develop your skills and knowledge to use oxygen, airway management devices, and automated external defibrillators during resuscitation, and to administer oxygen to casualties
Resuscitation Course (10years +)	The aim of this course is to provide participants with the skills and knowledge to maintain or restore breathing and circulation in an adult, child or infant. The course content is based on the policies and standards of the Australian Resuscitation Council.
Training Officer Certificate Prerequisites Candidates must be at least 16 years of age on the date of final assessment. Note: Before you can train in an award, you must be proficient in the award in which you wish to deliver training and be endorsed as a trainer in that award by your state.	The SLSWA Training Officer Course provides members the opportunity to obtain knowledge and skills that will assist in providing delivery of group and individual instruction, the demonstration of work skills and how to use existing learning resources in a safe and comfortable learning environment. Successful completion of this course and subsequent logbook, entitles candidates to obtain the award of WA Training Officer in a chosen award.
Spinal Management Prerequisites <ul style="list-style-type: none"> •Be at least 15 years of age on the date of final assessment. •Proficient in one of the following awards: Apply (Senior) First Aid; Bronze Medallion 	The aim of this course is to provide participants with the skills and knowledge to manage injured casualties with suspected spinal injuries in an aquatic environment and in emergency situations.

<p>Basic Beach Management</p> <p>Prerequisite</p> <ul style="list-style-type: none"> •Minimum 17 years of age •Proficient in Bronze Medallion OR have held Bronze Medallion and proficient in a surf award 	<p>The aim of this course is to prepare candidates for initial work as a Patrol Captain, Team Leader, Duty Captain and similar roles. The Basic Beach Management (Silver Medallion) course is usually conducted in individual Surf Life Saving Clubs.</p>
<p>Senior First Aid</p>	<p>Senior First Aid training aims to develop the knowledge and skills for a person to manage emergency First Aid situations and deliver competent emergency care until the arrival of professional medical support.</p>
<p>Assessors Certificate</p> <p>Prerequisites</p> <ul style="list-style-type: none"> •A current financial member of a Surf Life Saving Club affiliated with Surf Life Saving WA •A minimum of 18 years of age •Have held the Training Officer Certificate for at least one season 	<p>The Surf Life Saving WA Assessors Course provides Surf Life Saving Club members the opportunity to obtain knowledge and skills that will assist in planning and organising assessment processes and assessing the competence of candidates. Successful completion of this course and subsequent logbook, entitles candidates to obtain the award of WA Assessor in a chosen award.</p>
<p>Pain Management</p> <p>Prerequisites</p> <ul style="list-style-type: none"> ◆be a minimum of 16 years of age ◆be at least 17 years of age assessment (check State/Territory legislation for age of administration of Methoxyflurane) • hold the unit of competency HLTFA311A Apply first aid • have current first aid and CPR skills 	<p>This course has been developed for people who have an interest in first aid and who wish to expand their skills in providing pain management care for casualties. Many casualties are treated for severe pain due to the injuries sustained. A casualty suffering severe pain can focus on little else and is often uncooperative and unwilling to help the first aider apply timely and effective treatments.</p> <p>Methoxyflurane is an inhaled analgesic (pain relief) that has been used by ambulance services in Australia for many years.</p>

Lost

Garmin heart rate chest strap

Left on patrol desk prior to club busy bee

Please return to or contact Chris Ficko

0408292263



FRIDAYS:

SURF SKI TRAINING starts
...November 2nd.

SENIORS - weekly basis (1 hour).....5 PM

JUNORS - fortnightly (3/4 hour).....4PM
(1st. & 3rd. Friday of each month)

To maximise your time try & arrive 10 minutes prior to start for self/ski preparation.

Varying winds provide different ocean conditions on a weekly basis, so seniors ski paddles may be the standard ski session with course as directed by your coach.

OR when conditions suit we may vary the format and have a multisport event including ski together with other ironman disciplines.



Informal paddles will be happening throughout October for early season starters currently starting at 4pm & as the days start to lengthen, back to 5 pm.

SKI COACHES:

Jason - senior sessions

Kelvin - junior sessions

Backup from Nick, Adam & Rob when required.

Rob Slattery
(SKI CAPTAIN)

Worlds Accommodation – Room available

For those heading to the World Titles in Adelaide this November - we have booked a house near the competition beach for Nov 20 -25 and have a spare private room still available. Bed configuration can be one or two singles or a double.

Please contact Jeff Medcalf for details - 0403789746.



ALBANY SURF LIFE SAVING CLUB

Flinders Parade
Middleton Beach
Western Australia

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ABN 57 657 202 934

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www.albanysurfclub.com.au
facebook.com/albanysurf lifesavingclub

11 September 2018

Important Message from the President

Hello Albany Surf Club Members

Please take the time to read and understand the following as there are two fairly significant changes in our membership requirements this season. I will do my best to explain what they mean and why they have been introduced. For some of you there is no impact, for others one or both changes will apply to you.

In summary:

- a) All Nippers (up to U/13) need at least one parent to join the club as an Active Member or Parent Member – [we need to ensure we have enough active volunteers to look after kids and run the club in general](#)
- b) All 18+ members need a Working With Children (WWC) Check – [the WWC legislation has recently been tested in court and Surf Life Saving WA \(SLSWA\) has directed all Surf Clubs that this is the new policy as a result of that court case.](#)

The longer version:

- a) Our club is entirely run by volunteers. It is only fair that everyone does their bit to help out. Age Group Managers, their assistants and other club officials rely on being able to ask parents to help out with water safety, recording, setting up, packing up, canteen, etc and without Club membership, they are not covered by our insurance as volunteers and really need to be.

The vast majority of Surf Clubs in WA employ this policy. Our Committee has discussed this for the last few years and believe the time has come for us to follow suit and ensure our sustainability into the future with regards to volunteers, whilst at the same time taking prudent risk management measures – protecting both the club and it's volunteers.

We have not increased membership fees for a number of years now and the Parent Membership at \$100 is heavily reduced from a standard Active Senior Membership at \$180. Where there is more than one child and parent wanting to become members, the Family Membership at \$375 is the way to go.

The Parent Membership will entitle you to partake in the Club Swim, complete basic First Aid/Resuscitation and Nipper Water Safety courses plus enjoy use of the bar and attend club social functions.

Surf Club offers so many opportunities apart from the sport aspect (lifesaving skills, beach & surf safety awareness, leadership, social engagement and giving back to the community) and compared to the cost of most seasonal sports still represents great value in our opinion given access to equipment and very little ongoing cost to members through the season – generally a cap and a vest.

- b) SLSWA has had extensive legal advice following the recent court decision and on the basis of that advice has instructed all Surf Clubs in WA to adopt this policy regarding the Working With Children Check. Albany SLSC has no option other than to follow these instructions. Many of you will already have a WWC Card through your work or other volunteer work. For those of you that don't, you will need to get one.

The only exception to this policy is a Social Membership where there is no helping out or volunteering. Everyone else – Parent Members and all other Senior Members (active, patrolling, non-patrolling, life-members, long service members, etc) require the WWC Check.

We have secured a reasonable number of forms for you to complete on either Saturday 15th (1 – 5pm during busy bee) for renewing members or Sunday 16th (9am – 12pm) for new members and those who can't make Saturday. Those who have already registered online and need a WWC can drop in and simply complete that then.

You will need to take the completed and endorsed (by Albany Surf Club) form to Australia Post to submit it. The category is General Volunteer and the cost is \$14 plus a photo if you need a new one.


To assist, the Albany SLSC will refund the \$14 application fee (not the photo) for those members who provide us with the receipt and their name and bank account details by no later than October 31st. please email a scan of the receipt along with your details to accounts@albanysurfclub.com.au

Thanks for your time, I hope I have explained things clearly. These changes do also increase the workload on our key registration volunteers. I thank them for the amazing job they do at this time of the year and ask you to show patience and courtesy when registering for this season.

Regards



Rob Mason
President – Albany Surf Life Saving Club

**NEW fuel-injected format,
with standalone races +
non-stop adventure race**

Separate events include:

- TRAIL RUN
- MOUNTAIN BIKE
- OCEAN SWIM
- OCEAN PADDLE
- JUNIOR SURVIVOR
- ADVENTURE RACE

AUGUSTA, WESTERN AUSTRALIA
3-4 NOVEMBER 2018
AugustaAdventureFest.com.au



**Welcome to the new-look
Augusta Adventure Fest!**

2018 events include:

Standalone Races:

- 15km Trail run
- 35km Mountain bike
- 2km Ocean swim
- 15km Ocean paddle

Adventure Warrior
Race all 4 standalone races

Augusta Adventure Race:

- 1km Swim, 6.6km Run,
- 15km MTB, 6km Paddle

Junior Survivor
4km obstacle & adventure course



**AUGUSTA,
WESTERN AUSTRALIA**
3-4 NOVEMBER 2018
AugustaAdventureFest.com.au



MEMBER INFO

STAYING IN TOUCH - READ THE RIP, PLEASE TURN ON NOTIFICATIONS FOR OUR [FACEBOOK PAGE](#), VISIT [WEBSITE](#) REGULARY.

SPONSORS – photo rights

Our sponsors may want to use a photo in their publications from Surf Club ie. Club Champs Day, Ryde Marathon. [Sponsor Form](#) or see the website for the form asking for permission for the sponsor to use an image. Please complete and return email to sponsor@albanysurfclub.com.au or bring to a club day.

The Small Print

Photographs & Communication In the course of normal Surf Club activities your child's or your photo could be taken. Sometimes these images may be used for public viewing such as newspaper articles, website, FACEBOOK, newsletters and Surf Club publications. If you do not want your or your child's image used for any purpose outside Surf Club please inform the Surf Club in writing to media@albanysurfclub.com.au Please be advised that given the amount of pictures taken during a Surf Club season it is not always possible to identify all the children. Alternatively if you have taken photos through the season that are suitable please send to the above email for inclusion and or archiving. (name & date images.) Any articles for the newsletter must be emailed to media@albanysurfclub.com.au by Wednesday 2pm all articles and advertising must comply with SLSWA policy and are subject to approval. Please refer to your Handbook for information about events, procedures and contact lists.

FACEBOOK 

 **Instagram**

www.albanysurfclub.com.au

Australian for life. 