



The Rainbow Coast Development Weekend is on THIS weekend.

We have huge numbers heading to Bremer for this fantastic weekend...great work Albany!

Read on for all the important stuff!!

Reminder: No Surf Club @ Mids this Sunday



more details at
www.albanysurfclub.com

Nippers Training
Tuesdays
4pm @ Mids

Rainbow Coast Development Weekend
24 & 25
November
@ Bremer Bay

Patrols Commence
@Mids

City of Albany Christmas Pageant
Saturday 1
December

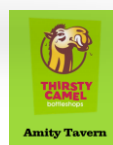
Nanarup Club Day
Sunday 9 December

Ryde Run
Sunday 16 December

Nipper Xmas Party
Sunday 16 December



**SMITH
THORNTON**
ACCOUNTANTS



Well it's finally here!

The team will be packing gear to take over **THIS THURSDAY NIGHT** between 5.30pm and 6.30pm at the club. This includes water safety equipment and craft.

ALL boards will be signed out at this time.

The majority of soft boards will be transported by the club in the trailer... thanks Jerome :)

At this stage, the club are aiming to take 1 trailer only and so we may need a few addition boards taken please.

ALL YOUTH and SENIOR members who are requiring a board (MAL) will need to come to the club on Thursday to collect a board.

Please remember there is only 1 water arena, therefore the sharing of boards is expected.

Why not come down and lend a hand to get it all packed and ready for transport?

As for the weekend itself, please ensure ALL members are aware of the weekend schedule of events.

See attached FYI.

It is essential that you meet at the Campers Kitchen at the Bremer Bay Caravan Park for the **FIRST** briefing on Saturday to know where we will be heading for the coaching sessions in the afternoon at **12 pm SHARP**.

Please also be aware that the decision for the location of the Carnival on Sunday may not be made until the morning of. Conditions will be assessed first.

There has been much work behind the scenes to get this massive weekend off the ground from SLSWA and all clubs.

Many thanks all involved, in particular to Denmark for co-ordinating this year!

Please remember that we are taking minimal gear to support the weekend's event.

Your gear is your responsibility.

Bring what you need.

We WILL NOT have spare gear for you to borrow.

Goggles and wetsuits would be recommended.

Caps and vests are **COMPULSORY**.

Remember to be sunsmart, bring plenty of food and water for each days activities and warm clothes!!!!

If you are staying at the Bremer Bay Caravan Park, I have attached the Bremer Bay Caravan Park Rules.

You are responsible for your children whilst in the park at all times.

These rules have now been implemented as a result of disappointing behaviour from children last year from the clubs involved.

The caravan park have made it very clear that if such behaviour is repeated, we will not be returning.

Remember, whilst away, you are also representing Albany Surf Lifesaving Club... so let's show everyone what an amazing club we are!!!

I will be sending out an email with additional details of age groups and AGMs and request for parent helpers and water safety for the weekend this evening.

In addition to managing our own Nipper and Youth crew, we do have additional roles we need have been requested to do to support the carnival.

Many thanks to Rob and Jo Lucas in supporting us to officiate for the weekend.

I will be your main point of contact for the weekend.

You can contact me on my mobile on 0401 91 240.

I will not be staying at the caravan park however, if you have any concerns whilst there, please contact our Club President Rob Mason on 0411 615 806.

I think that is it from me... over and out clubbies.

See you all on the beach :)

Sarah Bowles

Vice President



**2018 Rainbow Coast Carnival
Sunday 25 November 2018
PROGRAM OF EVENTS – Bremer Bay**

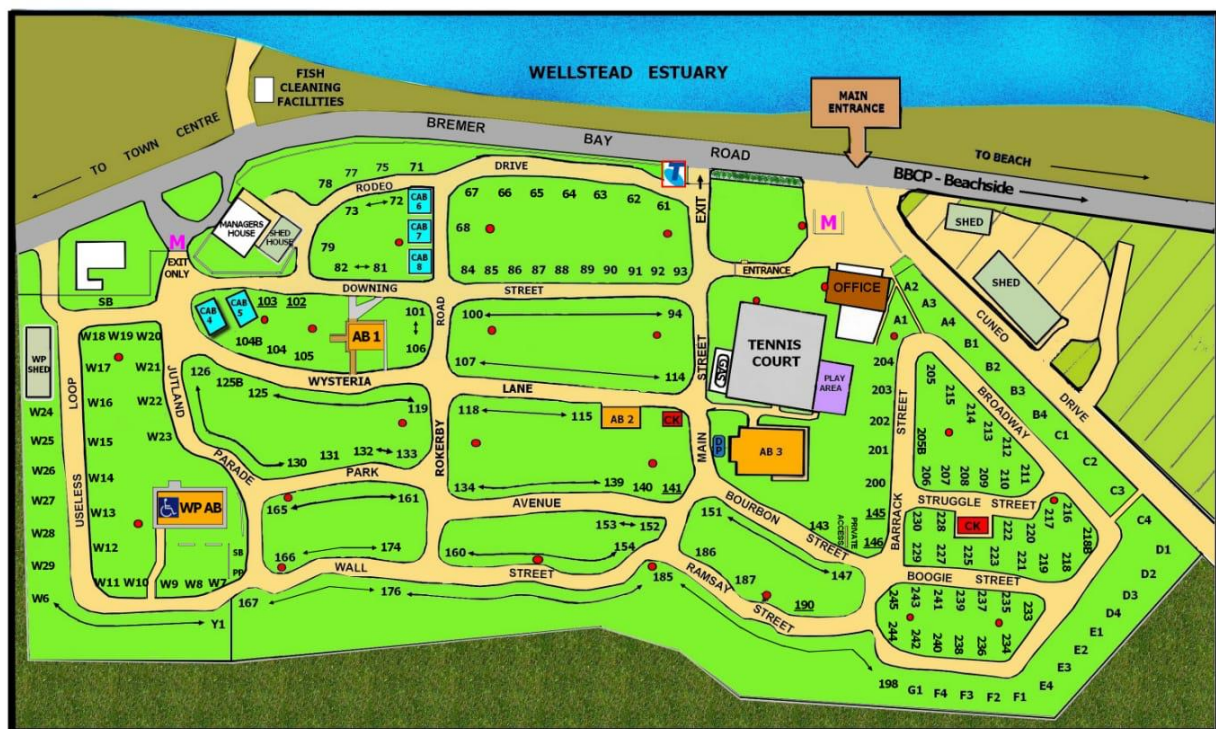
TIME	Carnival Referee:	
7:30am	Officials arrive, safety briefing held	
	WATER ARENA	BEACH ARENA
	Marshalling will not occur prior to 7:45am	
8am	U/14 - Open Ironman U/9 Board U/10 - U/11 Board U/12 - U/13 Board U/17 - Open Board U/14 - U/15 Board U/9 Wade U/10 - U/11 Run Swim Run U/12 - U13 Run Swim Run U/14 - Open Run Swim Run All Ages 400m Swim – no points Teams U/14 - Open Board Relay (3 Members per Team) U/10 - U/13 Board Relay (3 Members per Team) U/13 & Under Wade Relay (4 Members per Team) U/14 - U/15 Board Rescue Relay (4 Members per Team) U/17 - Open Board Rescue Relay (4 Members per Team) Time permitting – Lifesaver Realay Leg 1: 50m shallow Water wade – for very young nippers Leg 2: 100m Beach run Leg 3: Board rescue Leg 4: 100m beach run Leg 5: 150m Swim with tube Leg 6: 100m beach Run Leg 7: 200m Board Paddle: Leg 8: whole team run to the finish	U/13 & Under (inc Masters 60+) 1Km Beach Run U14 – Open (inc Masters 30 – 59) 2Km Beach Run U/12 - U/13 Flags U/10 - U/11 Flags U/9 Flags U/17 - Open Flags U/14 - U/15 Flags U/10 - U/11 Sprint U/12 - U/13 Sprint U/14 - U/15 Sprint U/17 - Open Sprint U/9 Sprint Little Nippers – Separate arena U/6, U/7 & U/8 Events decided on the day depending on numbers.

Please find attached a map of our main park - re the 'NO GO ZONE'

- there is no need for any child to go West past AB3 (unless it is closed for cleaning) and then they would need to go to AB2.
- There is also no need for any child to leave the park's boundary at all (& play on roads etc as per last year)
- No children are to play or stand around at our Entry or Exit Gates and hinder vehicles entering and leaving (as per last year) and or to play on the actual gate mechanisms.
- No children to lean on, play with, tamper in anyway the tennis court nets/mechanisms (this was a common everyday problem last year and we don't want to have to go through that again please)

I am happy to provide sponsorship of reduced tariffs again at \$12 per night per adult (17+) and \$6 per night per child (5-16) and infants (0-4) are free

BREMER BAY CARAVAN PARK Main Park



DRAWBAR TO THE ROADSIDE

PHONE: 0898374018
FAX: 0898374021
EMAIL: bremercarapark1@westnet.com.au

FIRE BINS MUST BE APPROVED BY MANAGEMENT

	OFFICE		SHEDS		PUBLIC PHONE		DUMP POINT
	CABINS		FIRE HOSE		CAMP KITCHEN		PP PRIVATE PARKING
	ABLUTIONS		MUSTER POINTS		PLAY GROUND		SB SMALL BOATS ONLY



Megatime Pty Ltd
T/A Bremer Bay Caravan Park
Lot 130 Bremer Bay Road
BREMER BAY WA 6338

Phone: 08 9837 4018
Fax: 08 9837 4021
Email: bremercarapark1@westnet.com.au
Web: www.bremerbaycaravanpark.com.au

ABN: 76 385 237 284

BREMER BAY CARAVAN PARK GUIDELINES & RULES

Check In – Check Out

All tenants & campers must check in at the front office on arrival.

Check in is after 2 p.m. & check out time is no later than 10 a.m.

A late check out for campers may incur an extra fee of \$50 if no communication has occurred prior with the office.

All tenants & campers must either check out at the front office on departure and or place their gate card in the departures box near the main exit gate.

Vehicle/Speed Limits

One vehicle per site for all Campers (No exceptions). If an extra vehicle is seen at your site, an extra fee of \$80 may be charged to your sites booking.

Two Vehicles per site for all Semi-Permanents.

The speed limit for all vehicles within the park is 5kph – AT ALL TIMES.

Noise / Bad Behaviour

Music must be turned off by 10pm. Excessive Noise will not be tolerated after 10 p.m.

Offending guests may be charged a \$200 call out fee. Should there be a second call out, the offender will be evicted from the property. Sociable conversation until 12am will be tolerated, however bad language or behaviour will not be tolerated at any time. This includes excessively loud conversation, laughter and squealing

Cabin & Chalets

Cabin Utensils: These items are provided, however it is the responsibility of guests to ensure they are left clean & put away before departure. If the cabin is found to be left in an unacceptable state, a \$100 excess cleaning fee may be charged

•Children under the age of 9 years are not permitted to use the top bunk; children must not play on the top bunk

No Fires are allowed at Cabins or Chalets

NO PETS allowed at any time with cabin or chalet bookings.

Smoking

All cabins are strictly non-smoking.

A fee of \$500 will be charged to your account if it has been found that smoking has occurred inside the cabin

Smoking is not permitted in the amenities, camp kitchen, laundry or BBQ area, or within 5 metres of the children's playground

Sites

Tenants & Campers are responsible for the cleanliness of their own site on departure. All refuse to be placed in the available bins & facilities are to be left in a clean & tidy state. Please bag & tie off any rubbish, especially food products, prior to disposing of the waste in our bins. If your site is not left clean on departure, an \$80 excess fee may be charged to pick up & take any waste left behind to the tip.

Ash/leaves ARE NOT TO BE PLACED IN RUBBISH BINS.

•The person whose name is on the receipt/booking is responsible for all members of the party and guests

Bikes

We consider ourselves to be a family friendly park where bicycles are permitted. However, it is essential that helmets must be worn at all times. No riding of bikes, or roller blades, skate-boards etc. within the Tennis court area, near park entrances or exits, around ablution blocks or through other people's sites. For safety reasons no bicycles are to be ridden after dark.

Children

Children under 10 must be accompanied by an adult in the ablution areas.

Children playing in the playground must be supervised by an adult at all times.

Children over 4ft high (125cm) are not permitted on the playground equipment for safety reasons.

Water Usage

The use of a Fire Hose Reel for any purpose other than a fire is against the law. The use of hoses to wash down cars, boats, vans etc. is not permitted due to the increased risk of spreading of Dieback. Buckets, however may be used.

Please ensure that all taps at your site & in the ablutions are not left on & that shower time is kept to a minimum so as to preserve water supplies.



Megatime Pty Ltd
T/A Bremer Bay Caravan Park
Lot 130 Bremer Bay Road
BREMER BAY WA 6338

Phone: 08 9837 4018
Fax: 08 9837 4021
Email: bremercarapark1@westnet.com.au
Web: www.bremerbaycaravanpark.com.au

ABN: 76 385 237 284

Pg. 2:

Fish Cleaning

Fish cleaning is not permitted within the park. Please use the fish cleaning facilities adjacent to the park near the river. An \$80 fine may be imposed on anyone seen cleaning fish or disposing of fish offal within our park.

Pets

You are welcome to bring your pet to our park at certain times of the year & we ask that you abide by our Pet Policy. Please ask the office for a complete copy so you can read the information below to ensure you and your pet can meet the conditions:

The main points of the policy are as follows:

No Pets Allowed from 20th Dec - 1st Feb & during Easter Weekend.

Owners are responsible for any damage or injury caused by their pets whilst in the park.

Pets must be tethered or enclosed within the boundaries of their owners site at all times & must not be allowed to roam freely in the park. Owners are required to clean up all mess made by their pets.

Any breaches of the above conditions could result in early departure and forfeiture of refund

Camp Kitchens/Ablutions/Tennis Courts and Laundry Facilities

These facilities have been placed throughout the park for the use of all. As such it is important that you leave each & any of these facilities clean & tidy after use & that they be used solely for the purpose for which they were created. Be mindful & courteous of others who wish to use them after you.

No skateboards, roller-skates, bikes or any other product with wheels is allowed on the Tennis Courts. No Food or Drink is allowed on the courts

Washing Machines

Loads of clothing etc. placed in the washing machines must be put in to the machine evenly. If the clothing is not balanced, the machine will not spin out & then your time will run out & your clothing/linen is left sitting in water. We recommend you stay with the machine during its cycle (approx. 20 min). Money will not be refunded. Please make sure you do not use damaged or warped coins in the machines as the machine will not work and your money will be lost.

Dangerous Items/Chemicals

No dangerous items, toys, weapons or fluids of any kind shall be brought into the park or used within the park grounds at any time. Breach of this rule may lead to criminal prosecution

Gate Passes/ Tail Gating:

Gate passes are NOT to be used at any time to allow other vehicles to enter the park. If you are caught doing this, your own gate card pass will be deactivated immediately.

If you are found/seen to be tail gating through the main entry gates or seen to let other vehicles in with your card, this could result in an early departure and forfeiture of any refund

Private Property:

You are responsible in making sure that your private property is kept safe & or secured at all times. If you do lose or find something, please come to the front office immediately to notify us.

FIRE BINS:

Fire Bins are allowed - but must be checked by Management PRIOR to use as there are guidelines to which the Fire Bins must adhere to for use within our park. Please feel free to contact the office to be advised of these guidelines to avoid disappointment of non-approval on arrival. If a Fire Bin is approved for use, it can only be used in conjunction with park rules & when no Fire Bans are in effect. No Fuels may be used to light the fire.

CAMP FIRES CANNOT BE LIT ON THE GROUND!

Ash must be disposed of via using an ash bucket supplied at the front office.

If you do not follow the rules documented on the sheet you sign regarding fires within BBCP - you will be charged a fee of \$150

You may not at any stage take a fire from an empty site or another person's own van for your own use.

You are welcome to hire a BBCP fire bin if one is available at a cost of \$20 for the length of your entire stay.

If you do not advise Park Management and or staff that you have brought a fire with you and are found to be using an unauthorised fire drum - you will be charged \$150.00

Graffiti/Vandalism: Anyone found vandalising our park's property in any way will be fined in accordance with the damage done and they will be asked to leave the park immediately with no refund provided and will be blacklisted from returning to the park in the future.

Smith Thornton Sundowner

Thanks to all who came along to support our Principal Sponsors last Friday at the inaugural Smith Thornton Sundowner.

It was fantastic to see so many of the Smith Thornton Accountant's team join us for the evening.

Thanks to Dean Thornton for sharing with all a little bit more about what they do and their partnering business.

Rumour has it that the team had so much fun... they'll be joining us for a few more throughout the season.

Now we like the sound of that!

Partnerships with our sponsors are essential to assist us to provide the resources we require to grow and develop as a club and ensure we continue to provide the very best service to our community.

So team Albany, please take the time to thank our sponsors and remember to support the business that support your club!

If you would like to know a bit more about Smith Thornton Accountants, you can find all their contact details on their website [here](#)



Cadet Update

Congratulations to our cadets on being accepted to SLSWA team building and leadership camps.

For the Team Opportunities and Development (TOAD) camp:

Jacques Swarts, Nick Roecker and Jordan Hayward have been accepted to the camp for ASLSC.

For the Rise UP Camp:

Carl Ryan, Zeke Medling and Lachlan McLean have been accepted to the camp for ASLSC.

Whilst we have a strong representation of young men this year, we have seen the young women dominate in previous years and look forward to their participation next year.

These camps provide a great opportunity for participants to build inter-club friendships, participate in a range of exciting activities and develop leadership and interpersonal skills essential to not only their success in surf lifesaving, but in day to day life.

Patrol Update

Patrol Captains,

This year the Committee has decided to trial a change to the way patrols have run, this has been based on a risk assessment done in the past 12 months, and previous activities on this beach.

Our agreement with the City of Albany states we will run patrols Saturday and Sunday from 8 – 2pm bare minimum.

So, we will be running patrols from 8am through to 5pm, condition dependent on Saturday and Sunday. The decision to close patrol at 2pm or to drop down to surveillance will rest with the patrol captain.

We have added a new patrol group this year so there is now 8 teams. Each team will have the appointed Patrol Captain and an option for them to choose 2 vice -captains.

We are asking Patrol Captains to split their patrol into 3 working groups and stagger their time on patrol. For example:

PC + 3 will patrol from 8 – 11am, Vice + 3 from 11am – 2pm and finally Vice + 3 from 2pm – 5pm.

This way an entire patrol won't be on the beach the entire day.

There will be times during the year when days will be busy and it's up to the Patrol Captain to determine how the patrol will be run on that day. The Patrol Captain still must be contactable for their vice captains during the day as it is still their patrol.

Those who are wishing to accrue competition hours and are concerned that these will fall short, are encouraged to do water safety on a Tuesday 5pm- 6pm or the Sunday Nipper program.

These will now be recorded as patrol hours however members will still need to do 10 hours of patrol time bare minimum as well as the water safety hours.

Please find attached your Patrol Team for the season, this basic group will not change, however when the new group of BM and SRC people have qualified a new list will be sent out with their names assigned to a patrol.



	Team 1	Team 2	Team 3	Team 4	Team 5	Team 6	Team 7	Team 8
PC	Rob Lucas ART	Jim Morcom	Jeff Medcalf	Jo Lucas ART	Ian Spurgeon ART	Dani Lynch	Alex Wells ART	Chris Ficko ART
IRB D	Greg Webb ART	Pat McSweeney ART	Kevin Pettley ART	Les Paxton ART Gavin Shepherd	Dora Adeline ART	Tom Bowles ART Ken Clark ARTC	Byron Bird ART	Cam Martin Stuart Jose ART
IRBc ART	Greg Pepall	Carl Richardson	Helena Stoakley Andrew Duffield Lynda Jose	Corinne Stoner ART Sally Moir	Jamie Scallly	Sophie Lynch Beth Hearle	Larissa McLean	Olivia Mason Collin Pass
BR	Nat Radivojevic Lawrence Cuthbert Yana Hlavaty Alexander Poulton Hope McLennan Elizabeth Kilkenny Wood Sophie Cuthbert Arlo Goldsmith	Jason Bresanello Leah Elliott Emily Turner Helen Marshall Ben Edwards Jason Cordon Fraser Wood Freya Richardson Simon Smith	Callum Duffield Rachael Duffield Karen Herlihy Connor PG Heike Anfang Peter Gray Cameron PG Joshua Duffield Jordan Hayward	Lisa Symmans Zeke Medlilng Erin Miller/Richard Adam Cousins Virginia Mercer Jake Shepherd Jacob Murray	Sophie Adeline Nick Reocker Dinah Roecker Wendy Spurgeon Abbie Tucknott Kelly Parker Ella Abbott Maeve Sparrow	Sarah Hearle Nick Walker Carl Ryan Helen Godwin Trish Hines Molly Bowles Jacques Swartz	Matt Wells Zac Wells Kristen Ellery Dana Nuemann Richard Langston Jordy Morcom Zali Sparrow Hannah Wells Lachlan McLean	Elise Parker Bridget Mason Jill Cartmell Greg Freebury Shane Besier Fergus Martin Harry Parker H Rob Mason Willem Freebury Riley Pearce Jack Day
SRC								

	Team 1	Team 2	Team 3	Team 4	Team 5	Team 6	Team 7	Team 8
Dec	Sat 1st 0800-1700 PH Wed 26th 0800-1700	Sun 2nd 0800-1700 Sun 30th 0800-1700	Sat 8th 0800-1400 Sat 29th 0800-1700	Sun 9th 0800-1700	Sat 15th 0800-1700	Sun 16th 0800-1700	Sat 22nd 0800-1700	Sun 23rd 0800-1700
Jan				PH Tue 1st 0800-1700	Sat 5th 0800-1700 PH Mon 28th 0800-1700	Sun 6th 0800-1700	Sat 12th 0800-1700	Sun 13th 0800-1700
Feb	Sat 19th 0800-1700	Sun 20th 0800-1700	Sat 26th 0800-1700					
Mar	Sun 10th 0800-1700	Sun 17th 0800-1700	Sun 24th 0800-1700	Sun 3rd 0800-1700 Sun 31st 0800-1700	Sun 10th 0800-1700	Sun 17th 0800-1700	Sun 24th 0800-1700	Sun 3rd 0800-1700

Canteen News

Thanks to all our awesome yellow cap families who stocked the canteen on Sunday.

Savoury donations are always welcome as well as all the sweet treats.

Could families please check that they have the correct containers as we have a few people who have donated baked goodies are now missing containers.

No canteen this week, everyone will be having too much fun in Bremer!

City of Albany Christmas Pageant Saturday 1st December, 2018

We will be participating in the City of Albany Christmas Festival and are looking to fill the Surf boat, IRB and Jet Ski with our members big and small.

If your child would like to participate, please register their name by email:
events@albanysurfclub.com.au

Children are asked to wear club clothes with a Xmas flare.

Further information and maps will be emailed direct to those who wish to be involved however:

Children will need to be dropped at Peels Place at 5:00pm Saturday 1 December, 2018 and collected at the conclusion of the pageant at approximately 6:45pm at Grey Street East.

Note Parents will need to sign children in and out



Nippplers Training – 2018-19 Season

Beach training (run, sprint, relay, flags) will be held from 4pm to 4:45pm and water-based training (swim, boards) from 5pm to 6pm.

If you have your SRC or Bronze Medallion please come on down to the beach and help out with water safety.

Don't forget your CAP and YELLOW VEST for water-based training – ESSENTIAL

Education Corner

Celia Waugh ~ Team Leader Education/Lifesaving

BRONZE AND SRC REQUAL

Please come and see me if you still need to requal – I can run another session in December – you need to have them all done by 31 December 2018.

IRB requal please see Les.

ART(Aid)

Congratulations to our new ART(Aid) holders who successfully completed the course last week:

Dani Lynch, Sophie Lynch, Sarah Hearle, Lynda Jose, Kellie Parker, Shane Besier, Alex Poulton, Rachel Duffield and Callum Duffield.

Thank you to Beth Hearle for organising and running the course.

Beth and I are keen to run another ART(Aid) Course – please let me know if you are interested.

SKIPPER TICKET

Skipper Ticket Course 15th and 16th December 2018 9:00am – 4:00pm.

Saturday will be theory and Sunday practical. I will need to confirm with SLSWA if the cost is being covered by SLSWA if not there may be a cost of around \$50:00 the commercial course cost is around \$200:00.

The Skipper Ticket is a prerequisite for the IRB Driver Course so a great option for our cadet members who are looking to extend their skills. The course is open to financial members from 13 year.

This is a great course for our Cadet Members.

We have a number of Workbooks at the club for candidates to use.

If you are interested please email Cameron at greatsouthernwookie@gmail.com and cc me celia8083@hotmail.com

Bronze/SRC Courses

Our Bronze and SRC courses are all nearing assessment – **GOOD LUCK** to all candidates and thank you to the tireless work of our trainers.

Jeff Medcalf and Helena Stoakley have offered to take that course.

If you haven't already expressed an interest and want to do your Bronze Medallion please let me know
celia8083@hotmail.com

Patrol Hours for Competition

As most of you will know you have to have done **16 patrol hours by 31 December 2018** to compete in any State/National Surf Lifesaving Competition.

You can check your own on the SLSA Member Portal. If you have any queries, please let me know and I can check for you.

It is your responsibility to ensure you qualify for these events.

The details of the courses we deliver can be found on the website

What I need now is for you to let me know what course/s you want to do.

Email or message me – celia8083@hotmail.com or 0403 555 42

2018 ALBANY NYE SWIM



END THE YEAR WITH A SPLASH!

Open to everyone!

Choose your distance:
400m, 1.25km, 2.5km or 5km

To register, go to
registernow.com.au
and search for Albany

Monday 31 December

6.45am	Registration
7.15am	Briefing
7.30am	Short course start
7.45am	Long course start (immediately after short course finishes)
10am	Presentations

2018 ALBANY
NYE SWIM
PRESENTED BY:



THANKS
TO OUR
SPONSORS:



Ironman – Group Training

Informal Ironman group training will commence this Saturday at Midds for youth and adults.

These sessions will be run by Jason Bresanello, Nick Walker and Adam Cousins meeting at 6am for a 6:30am start.

No dedicated water safety will be provided for these informal sessions. Come on down and join the fun!

SURF SKI TRAINING

Bremer on this weekend so no formal paddle.
Wind forecast for this Friday is light/moderate SSE,
paddle is optional.

has started this month..

SENIORS - weekly basis (1 hour).....5 PM

JUNIORS - THIS Friday (3/4 hour).....4PM
(1st. & 3rd. Friday of each month)



To maximise your time try & arrive 10 minutes prior to start for self/ski preparation.

Wind forecast for this Friday is for moderate ESE around 34km, just right for beach starts & ins & outs to point & return.

SKI COACHES:

Jason - Senior sessions

Kelvin - Junior sessions

Backup from Nick, Adam & Rob when required.

Rob Slattery

(SKI CAPTAIN)

SENIOR & YOUTH COMPETITION – WA SURF LEAGUE 2018/19

The WA Surf League is now into its second season – It's an exciting team-based competition of sand and water based events in a spectator friendly format, which is run on the beaches of Perth.



The competition is run in 3 rounds on December 9, 2018; January 12, 2019; and February 3, 2019. And guess what – there is prize money available for the club, and the opportunity to be selected in the State Western Suns Open Elite Team.

There must be at least one team entered in each round, and individuals within these teams can also earn individual points for series prizes. We can also combine with other clubs to complete our teams if we need.

More information can be found on the link below:

<https://s3-ap-southeast-2.amazonaws.com/assets.surflifesavingwa.com.au/app/uploads/2017/10/25115632/1819-WA-Surf-League.pdf>

Have a chat with your clubbie mates and get in touch with Nadine at nadsngav@westnet.com.au to register your interest.

Employment and Community Opportunities

West farmers ERT are now recruiting.

The Emergency Response Team (Jet Ski) are looking at club members to join the team, they work closely with Albany Sea Rescue and The West Australian Water Police.

Duties include water safety, event water support, searches and recovery.

You will need:

Be 18 years of age and over

- SLSA Bronze Medallion
- Recreational Skippers Ticket (RST)
- Current Drivers Licence

And will need to complete an IRB certificate while doing your jet ski Licence.

- Complete 400 metre swim in under 8 minutes
- Complete 200m run / 200m swim / 200m run in under 8 minutes
- Complete 25 metres underwater / 25 metre surface swim (No time limit)



So if you are interested we would love to hear from you. Please contact me on clubhouse@albanysurfclub.com.au

Pat Mc Sweeney

Support Operations

YOGA with JOY

EARLY MORNING YOGA CLASS

Open to all levels of yoga experience. Beginners welcome.

NEW TIME! Wednesday mornings 6 to 7am
at Albany Surf Life Saving Club,
Middleton Beach (upstairs in the clubroom).

Welcome the middle of the week with an early morning yoga class. Energise and stretch the body before finishing with a short relaxation to calm the mind, whilst overlooking beautiful Middleton Beach.

Cost: \$15 per class *or*
\$10 per class for ASLSC club members.
Bring a yoga mat and towel.

Further enquiries contact Joy Abbott 0412 229 931



**WESTERN
AUSTRALIA**

THINKING OF BECOMING A LIFEGUARD?

Surf Life Saving Western Australia is seeking motivated club members throughout the coastline interested in applying for the role of a lifeguard throughout the 2018/19 season.

Essential criteria and qualifications:

- 18+ years old as at 01 October 2018
- Bronze Medallion
- Advanced Resuscitation Techniques Certificate or equivalent
- Current Senior First Aid Certificate or higher
- Current 'C' Class driver licence

Desirable criteria:

- Pain relief
- Silver Medallion
- RWC endorsed

Fitness Assessment will include:

- 400m Pool Swim (under 7:30 minutes)
- 200m Board Rescue
- 100m Tube Rescue
- Lifeguard Mission including (under 25 minutes):
 - 800m Beach run
 - 400m Surf swim
 - 800m Beach run
 - 400m Board paddle

*Note: All elements of the assessment will be conducted on the same day, and one attempt is permitted per applicant.

For more information contact Daniel Andrew, SLSWA Operations Supervisor - Metro on 9207 6666 or metrosuper@slswa.com.au

mybeach.com.au



surflifesavingwa



@slswa



@slswa



surflifesavingwa





Department of
Education



SWIMMING and WATER SAFETY

Have you considered joining our VacSwim team as a Water Safety Officer at open water venues during the January school holidays?

VacSwim 2018 – 2019

Water Safety Officer applications are open for VacSwim January Program 1 and 2.

VacSwim is acknowledged as Australia's most popular and oldest and swimming program!

Working with us, you can enjoy a fun and rewarding job:

- * Great benefits and very competitive pay rates
- * The opportunity to work during the school holidays
- * Great hours
- * Friendly, supportive teams.

The current rate of pay starts at \$30.69 per hour, and typically there are 3 to 4 hours work available every day during the VacSwim program.

Visit the [Swimming and Water Safety website](#) for information on how to apply, programs, locations and operating dates.

We look forward to receiving your registration and application soon!

Kind regards

Swimming and Water Safety Staffing Team
E: vacswimstaffing@education.wa.edu.au
T: 9402 6195

You received this email as you are currently listed on the SLSWA database



Department of
Education

VACSWIM 2018-19

**Enrol your children in
swimming lessons during the
summer school holidays.**

Choose from four VacSwim programs:

Country early start program

Every day from Saturday 15 December
to Friday 21 December 2018

Enrolments close

Sunday 4 November 2018

Program 1

Every weekday from Wednesday
2 January to Friday 11 January 2019

Enrolments close

Sunday 11 November 2018

Short program

Every day from Monday 7 January
to Friday 11 January 2019

Enrolments close

Sunday 11 November 2018

Program 2

Every weekday from Monday
14 January to Friday 25 January 2019

Enrolments close

Sunday 18 November 2018

Enrol now

Visit education.wa.edu.au/swimming or call 9402 6412.

DEVELOP BEACH CONFIDENCE...

MAKE THE MOST
OF YOUR SUMMER!

SurfBabies & SurfKids are fun, participation based programs designed to help kids and their parents develop the necessary skills and confidence to safely enjoy the beach environment.

SUNDAYS 3 February - 10 March 2019

WHO? Children aged 3 - 5 years old

LOCATION: Middleton Beach, Albany SLSC

TIME: 9:00 - 9:30am or
9:45 - 10:15am

COST: \$100 per child

For more info contact Surf Life Saving WA
T: 9207 6666 or visit
mybeach.com.au/childrensprogramms



**WESTERN
AUSTRALIA**

SAFETY BEACH

Find the **FUN**
between the flags!



WESTERN
AUSTRALIA

Free game
download!



This summer's hottest new game is
Safety Beach, helping teach kids essential
beach safety tips.

Play anywhere on a touchscreen device
and level up your lessons about surf safety.

INTERACTIVE

Learn the rules of the beach and become a hero by saving the swimmers on screen. Each rescue puts you higher on the leaderboard.

FUN

Enjoy beach fun even when you're no where near the surf. Great gameplay gives you the experience of what it's like to be a real lifesaver.

FREE

Plus, no towel or bathers needed! Download the app from the App Store or Google Play and play for free, with no in-game purchases.

Each level helps
you learn about
the beach.



When you're between
the flags, that's
where the **fun** is!

MYBEACH.COM.AU/APP

DOWNLOAD THE APP



MEMBER INFO

STAYING IN TOUCH - READ THE RIP, PLEASE TURN ON NOTIFICATIONS FOR OUR FACEBOOK PAGE, VISIT WEBSITE REGULARLY.

SPONSORS – photo rights

Our sponsors may want to use a photo in their publications from Surf Club ie. Club Champs Day, Ryde Marathon. [Sponsor Form](#) or see the website for the form asking for permission for the sponsor to use an image. Please complete and return email to sponsor@albanysurfclub.com.au or bring to a club day.

The Small Print

Photographs & Communication In the course of normal Surf Club activities your child's or your photo could be taken. Sometimes these images may be used for public viewing such as newspaper articles, website, FACEBOOK, newsletters and Surf Club publications. If you do not want your or your child's image used for any purpose outside Surf Club please inform the Surf Club in writing to media@albanysurfclub.com.au. Please be advised that given the amount of pictures taken during a Surf Club season it is not always possible to identify all the children. Alternatively if you have taken photos through the season that are suitable please send to the above email for inclusion and or archiving. (name & date images.) Any articles for the newsletter must be emailed to media@albanysurfclub.com.au by Wednesday 2pm all articles and advertising must comply with SLSWA policy and are subject to approval.

Please refer to your Handbook for information about events, procedures and contact lists.

FACEBOOK 

 Instagram

www.albanysurfclub.com.au

Australian for life. 