



HO HO HO

Yes, it's that time of the year! I would like to wish all our Clubbies and their families a very Merry Christmas and a safe and happy festive season. 2019 will be another great year for Albany Surf Club and we look forward to a show of strength at the Country Carnival in Denmark on the Australia Day long weekend.

Despite the weather last weekend, our Nippers had a ball – no doubt keen to see Santa and score their hotdog and other treats! Thanks to Karen and all the Age Group Managers and their helpers for making it a great morning, thanks to everyone in the canteen, and of course, thanks to Santa!

Patrols seem very well attended and thanks to everyone for keeping our beach safe over the holidays and festive season. James, Charlie and Yasmin (from Trigg) have started the midweek Lifeguard season. So drop down and say G'day and see how they are going.

I will see you back in the new year but don't forget to register for the New Years Eve Swim and enjoy a fun swim with your mates on the last day of the year (or do water safety if not swimming)!!

Thanks all – Rob

more details at
www.albanysurfclub.com

2018 Albany NYE Swim

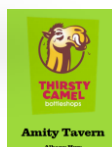
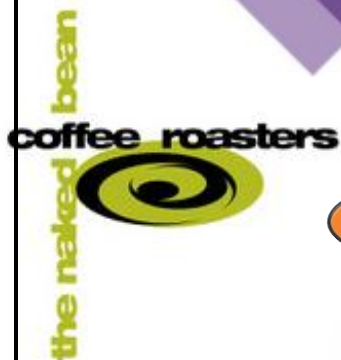
Monday 31 December
From 6:45am

NYE BBQ, Beats & Beach Cricket

Monday 31 December
From 5pm

Club Activities Resume

6 January 2019
@ Mids – 9am



2018 ALBANY NYE SWIM



END THE YEAR WITH A SPLASH!

Open to everyone!

Choose your distance:
400m, 1.25km, 2.5km or 5km

To register, go to
registernow.com.au
and search for Albany

Monday 31 December

6.45am	Registration
7.15am	Briefing
7.30am	Short course start
7.45am	Long course start (immediately after short course finishes)
10am	Presentations

2018 ALBANY
NYE SWIM
PRESENTED BY:



THANKS
TO OUR
SPONSORS:



Media Team

Our Media Team will be taking a well deserved break over the Christmas/New Year Period.

There won't be any editions of the Rip published during this time.

Club activities resume on **Sunday, 6th January** with **YELLOW** caps on duty.

Surf Sports @ ASLSC

Well done everyone for braving the conditions last Sunday and participating in our last club event for 2018. Well done to Santa for making an appearance - I hope you all had a chance of getting in Santa's ear with those Christmas wishes?

Karen Herlihy has done a great job in organising the calendar so that the Ryde Run was conducted on a day that wasn't great for water based events! Richard "Aquaman" Langston didn't give his disciples any slack and ran the club swim as usual. It's great to see the club swim being well attended. Come on down and have a go!

The annual Ryde Run was hotly contested across all age groups. Thank you to Iain Wood from Ryde Building Company who performed the starters duties faultlessly on the day and to Ryde Building for their ongoing support of our club.

Sunday club events are now officially "in recess" over the Christmas period. We will recommence on Sunday 6 January 2019.

From the Surf Sports coordinating team - we wish you all a very Merry Christmas and are looking forward to seeing everyone back on the beach in 2019!

Merry Christmas!

Andrew

Club Swim update from Richard "Aquaman" Langston

The inclement weather saw the Elite swimmers of ASLC start from the clubrooms last Sunday.

Sundays race included a beach run then a swim around the cans, in the worst conditions seen so far this season.

First back to the club, in the tightest of races, was Erin Miller followed closely by Angus Bowles, Kelvin Ridgway, Chris Ficko, Jason Bresanello and Greg Pepall.

A great race by all competitors despite the awful conditions.

Richard L



Patrol Update

PATROL HOURS –

All Patrolling members need to be aware of their hours if they are wishing to compete in 2019,

PLEASE CHECK BEFORE ITS TOO LATE!

PLEASE REMEMBER - Proxy requests for patrols will only be advertised in the Rip for 1 week unless requested

PATROL Proxies Required

Name	Team	Date	Time	Contact
Cooper Sandy	SRC Team 1	Wed, 26 December	TBC	0428 677 140
Kelly Parker	Bronze Team 5	5 January	TBC	0428 216 592

Water Safety Needed for New Years Eve Swim

When? New Years Eve 🤖 31/12/18 - YES it's a Monday

What time? – be at the club kitted up and ready to go by 7.20am. water safety briefing at 7.30am.

Race starts at 8am

What do we need? Board paddlers (8 – 10), IRB drivers and crew, Jetski drivers.

How do I put my name down? On the whiteboard inside the shed or contact Jim Morcom on 0430 861 551

Education Corner

Celia Waugh ~ Team Leader Education/Lifesaving

ART(Aid)

Beth and I are keen to run another ART(Aid) Course – please let me know if you are interested.

We will hopefully be able to do the course whilst you are on patrol.

SKIPPER TICKET

A quick wrap up from the weekend's RST Course.

A great group of our Cadets, all of whom got their Ticket:

Congratulations: **Zeke Medling, Jack Day, Riley Pearce, Lachlan McLean, and Alex Bird.**

Cameron is away all of January but will be putting together at least another two courses for February and March next year.

Please email Cameron if interested.

Cameron: - greatsouthernwookie@gmail.com and cc me celia8083@hotmail.com.

IRB Driver/Crew Reguls

Cameron in on Patrol all day Sunday – if you have not done your Requal please pop down and see him and get it done.

IRB Driver/Crew

Expressions of interest for those wanting to do their IRB Crew/Driver.

Please let me know so we can get the courses up and running in the New Year.

Jeff Medcalf and Helena Stoakley have offered to take that course.

If you haven't already expressed an interest and want to do your Bonze Medallion please let me know.

Patrol Hours for Competition

As most of you will know you have to have done **16 patrol hours by 31 December 2018** to compete in any State/National Surf Lifesaving Competition.

You can check your own on the SLSA Member Portal. If you have any queries, please let me know and I can check for you.

I have placed a list on the Notice Board at the Club for you to check.

It is your responsibility to ensure you qualify for these events.

The details of the courses we deliver can be found on the website

What I need now is for you to let me know what course/s you want to do.

Email or message me – celia8083@hotmail.com or 0403 555 421

Events Team Update

We have some exciting club and community events coming up.

Please find flyers for events included in the RIP and on Facebook.

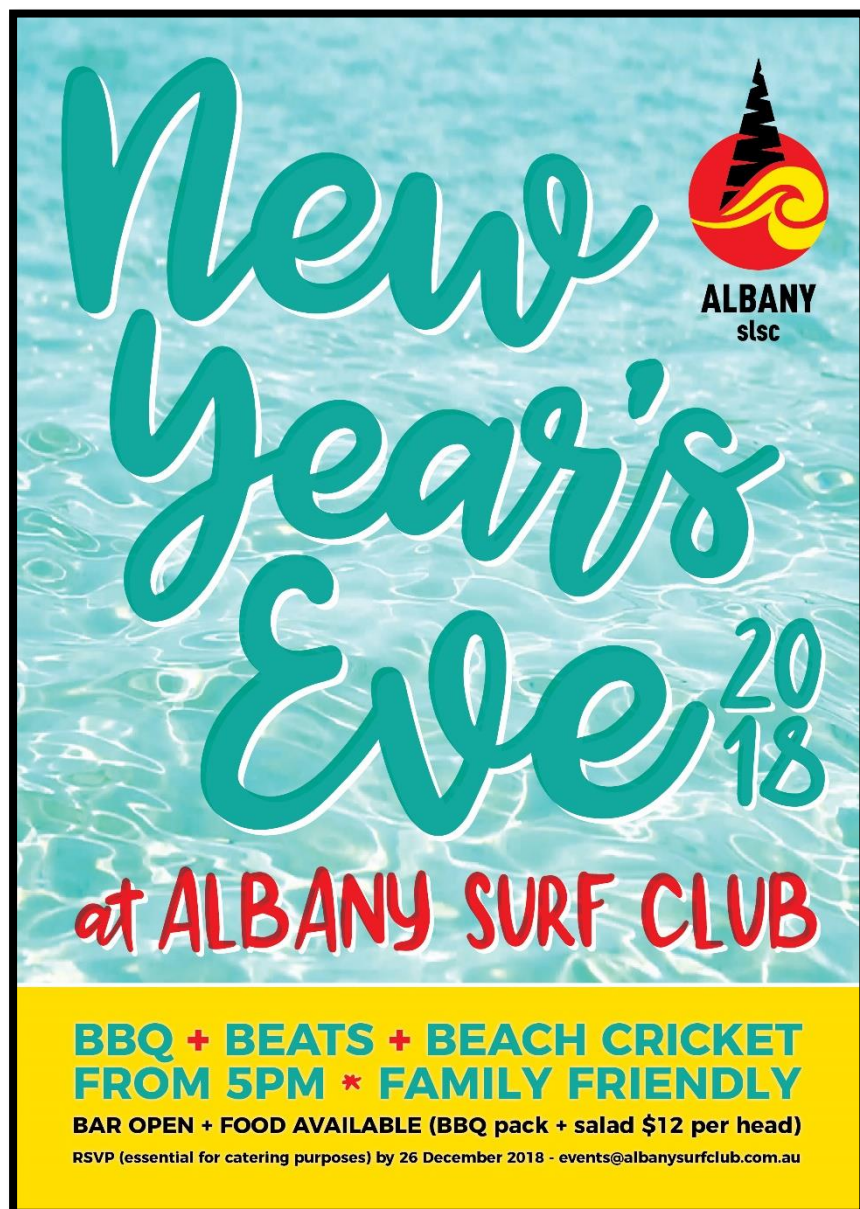
Monday 31 December 2018 – NYE Swim

Monday 31 December 2018 – NYE BBQ, Beats and Beach Cricket

Friday 18 January 2018 – Family Movie Night

Friday 15 February 2019 – Quiz Night

All events are family friendly and we encourage all members to support the events. We look forward to seeing you all at the club this Friday!



Community and Employment Opportunities

Surf Life Saving Western Australia is seeking to recruit lifeguards for the 2018/19 season.

Applications are open to 18+ year olds with a minimum 'C' class driver's licence, in addition to holding a current SLSC Bronze Medallion, and Advanced Resuscitation Techniques certificate.

If interested email media@albanysurfclub.com.au and we will email the forms to you.

RACING MAL FOR SALE

- Dolphin Racing mal, in excellent condition
- Suited for 45 – 55 Kg
- \$1200, case included
- Purchased direct from Brenton Rose, WA Dolphin Agent, in 2016
- Reason for selling: have out grown weight rating
- Perfect first racing mal for upcoming youth
- If interested contact Sarah Hearle,
at sarah.hearle@student.gsg.wa.edu.au or 0484625390.
- Welcome to try the board and take it for a paddle at the club, by arrangement.



YOGA with JOY

EARLY MORNING YOGA CLASS

Open to all levels of yoga experience. Beginners welcome.

NEW TIME! Wednesday mornings 6 to 7am
at Albany Surf Life Saving Club,
Middleton Beach (upstairs in the clubroom).

Welcome the middle of the week with an early morning yoga class. Energise and stretch the body before finishing with a short relaxation to calm the mind, whilst overlooking beautiful Middleton Beach.

Cost: \$15 per class or
\$10 per class for ASLSC club members.
Bring a yoga mat and towel.

Further enquiries contact Joy Abbott 0412 229 931

WANTED participants, carers and water volunteers for 'Let's Go Surfing Days' – See Flyer below

Registrations encouraged for catering purposes

<https://www.eventbrite.com.au/e/lets-go-surfing-registration-49082056753>

Disabled Surfers Association Great Southern “Let’s Go Surfing Days”



Supported by: national disabledsurfers.org/
Due the huge success of DSAGS with the 3 surfing days in 2018 (our first year) with the biggest smiles from participants, carers, parents and volunteers there will be 4 days in 2019.



Participants & Water Volunteers

Register 9am, water 10 am – 12 noon, presentations and free BBQ

**2019 Saturdays - January 12th,
February 9th, March 16th, April 20th**

Albany - Middleton Beach, (bring your own refillable water bottles)

www.facebook.com/DisabledSurfersGS/

“Adult/child changing facilities available”



Department of
Transport



FAMILY NAUTICAL FESTIVAL

FRIDAY 11TH JANUARY 2019 • 4PM – 8PM
THE BOAT SHED • ALBANY WATERFRONT MARINA

FREE ADMISSION • FREE ACTIVITIES
OLD4NEW LIFEJACKET UPGRADE • GIVEAWAYS
FLARE EXPERIENCE • PRIZES • LIVE MUSIC



TWILIGHT SAILING

FREE twilight sailing in the harbour by Princess Royal Sailing Club.

FLARE EXPERIENCE

The public will have an opportunity to set a flare off and learn about flare safety.

OLD4NEW LIFEJACKET UPGRADE

Bring your old lifejackets to the event and exchange it for a \$15 voucher towards a new, inflatable lifejacket.

FOOD VENDORS

BOAT DISPLAYS

EVENT SCHEDULE

4 pm	Event start
4 - 6 pm	Sandcastle building on the beach for kids
4.30 - 6.30 pm	Old4New lifejacket upgrade
4 - Close	Boat displays
4 - Close	Kids activities
5.30 pm	1st twilight sail
6.30 pm	2nd twilight sail
7- 8 pm	Flare experience
7.30 pm	3rd twilight sail
8 pm	Event close

Participants

Albany Rescue Squad
Fishability
St John Ambulance
Museum of the Great Southern

Department of Primary Industries
and Regional Development
City of Albany
Albany Surf Lifesaving Club

Department of Biodiversity
Conservation and Attractions
Department of Transport,
Marine Safety

Museum of the Great Southern
Western Angler
Princess Royal Sailing Club
Southern Ports

Follow us @TransportWAgov | @MarineSafetyWA

DEVELOP BEACH CONFIDENCE...



MAKE THE MOST
OF YOUR SUMMER!

SurfBabies & SurfKids are fun, participation based programs designed to help kids and their parents develop the necessary skills and confidence to safely enjoy the beach environment.

SUNDAYS 3 February - 10 March 2019

WHO? Children aged 3 - 5 years old

LOCATION: Middleton Beach, Albany SLSC

TIME: 9:00 - 9:30am or
9:45 - 10:15am

COST: \$100 per child

For more info contact Surf Life Saving WA
T: 9207 6666 or visit
mybeach.com.au/childrensprogramms



**WESTERN
AUSTRALIA**

SAFETY BEACH

Find the **FUN**
between the flags!



WESTERN
AUSTRALIA

Free game
download!



This summer's hottest new game is
Safety Beach, helping teach kids essential
beach safety tips.

Play anywhere on a touchscreen device
and level up your lessons about surf safety.

INTERACTIVE

Learn the rules of the beach and become a hero by saving the swimmers on screen. Each rescue puts you higher on the leaderboard.

FUN

Enjoy beach fun even when you're no where near the surf. Great gameplay gives you the experience of what it's like to be a real lifesaver.

FREE

Plus, no towel or bathers needed! Download the app from the App Store or Google Play and play for free, with no in-game purchases.

Each level helps
you learn about
the beach.



When you're between
the flags, that's
where the **fun** is!

MYBEACH.COM.AU/APP

DOWNLOAD THE APP



MEMBER INFO

STAYING IN TOUCH - READ THE RIP, PLEASE TURN ON NOTIFICATIONS FOR OUR **FACEBOOK PAGE, VISIT WEBSITE REGULARLY.**

SPONSORS – photo rights

Our sponsors may want to use a photo in their publications from Surf Club ie. Club Champs Day, Ryde Marathon. [Sponsor Form](#) or see the website for the form asking for permission for the sponsor to use an image. Please complete and return email to sponsor@albanysurfclub.com.au or bring to a club day.

The Small Print

Photographs & Communication In the course of normal Surf Club activities your child's or your photo could be taken. Sometimes these images may be used for public viewing such as newspaper articles, website, FACEBOOK, newsletters and Surf Club publications. If you do not want your or your child's image used for any purpose outside Surf Club please inform the Surf Club in writing to media@albanysurfclub.com.au. Please be advised that given the amount of pictures taken during a Surf Club season it is not always possible to identify all the children. Alternatively if you have taken photos through the season that are suitable please send to the above email for inclusion and or archiving. (name & date images.) Any articles for the newsletter must be emailed to media@albanysurfclub.com.au by Wednesday 2pm all articles and advertising must comply with SLSWA policy and are subject to approval. Please refer to your Handbook for information about events, procedures and contact lists.

FACEBOOK 

 Instagram

www.albanysurfclub.com.au

Australian for life. 