



A BIG Long Weekend

Very exciting with the Country Carnival happening this weekend at our neighbouring club, Denmark. I hear that as of today (Thursday) they have 925 competitors registered which I am pretty sure is a record!

There is a fair bit of information in this Rip about the carnival along with important attachments. Please make sure you read up and know the program so you are in the right place at the right time.

Facebook users – Make sure to like the Denmark Surf Club page to keep up to date with all info.

There is **NO** parking available at Ocean Beach. There is a bus running between town and the beach and you will have to find a spot to park so you can catch the bus (I am not aware of a single designated parking spot) – hopefully it will be obvious when you get there. The main thing is you will need extra time up your sleeve!

Good luck to everyone competing and thanks to all those helping out!
We also wish Denmark Surf Club all the best with running such a massive event – I know they are extremely busy and doing a great job getting it all set up.
Finally, thanks for all the birthday wishes on Sunday – it was a great way to spend the morning in a place and with people that make me happy!
Go Albany!!!!
President Rob (no Seniors Card yet)

more details at
www.albanysurfclub.com

**2019 Denmark
Country Carnival**
26 & 27 January
2019
@ Ocean Beach,
Denmark

2019 Cadet Camp
Friday 10 February
@ Camp Quararup

Family Quiz Night
Friday 15 February
@ ASLSC



Hi Clubbies!

Our first major carnival for the season has finally arrived! Let's get out to Denmark and show them what Albany can do!

Remember that there are no activities planned for Middleton Beach this weekend.

Thanks to Nadine Shepherd and all AGM's for compiling our Nippers competitor list for the Denmark carnival. There looks to be more than 900 competitors at Ocean Beach this weekend, so be aware that it will be very busy getting to and from the beach. Please allow plenty of time to get to Denmark and down to our club tent.....keep an eye out for our new club flag!

Some important things for you to know:

1. The Nippers competitor list with your competitor number is attached to the Rip, together with the program of events.
2. Body marking (competitor numbers) for Nippers will occur on the beach. Note that seniors will be using wrist bans this year which will be available for collection from 10am (outside the club) and Sunday from 7am (on the beach).
3. Parking will be available at a site off Ocean Beach Road with shuttle buses running from the parking site to the beach, however, drop off of individual gear will be available at the club.
4. Albany SLSC is rostered on for 1st Aid duties on Sunday between 7:45am and 10:15am and again on Monday from 9:15am. We require 2 x 1st Aid Members to fill these roles. Please contact Andrew Duffield if you can help out.
5. Albany SLSC is not required to undertake any water safety duties over the weekend, however we do need the help of 3 OFFICIALS, so please contact Andrew or Nadine (0419 900 232) if you can help out....Thanks to Dinah who has already put her hand up!
6. Don't forget your Albany Club cap, club shirt, fluoro vest and a hat (you won't be able to marshal without a long shirt and hat)
7. Take note of the marshalling times on the program attached, and try to arrive at the club marquee at least 15 minutes prior and report to your AGM.

Nippers AGM's:

Little Nipper Girls: Esta Steer

Little Nipper Boys: Jason Breza

U10's: Kate Hicks, Phil Gough

U11 Girls: Kristine Deutschmann

U11 Boys: Noreen Les

U12's: Kristen Ellery

U13's: Sarah Bowles, Priscilla Shepherd

Enjoy the carnival, have fun and.....**Go Albany!**

Andrew



2019 SunSmart Country Carnival – Beach Events

Saturday 26 January 2019

PROGRAM OF EVENTS – Ocean Beach, Denmark

TIME	Beach Events Saturday 26 January – Referee: Justin Meldrum	
12:00pm	Officials and Team Managers briefing	
12:15pm	Marshal 1km+2km Beach Run all categories	
12:30pm	1km+2km Beach Run	
1:00pm	Marshall Grand Parade	
1:15pm	Grand Parade	
TIME	BEACH FLAGS Referee: TBA	BEACH SPRINTS Referee: John Barwood
1:30pm	U10 M Beach Flags U10 F Beach Flags U11 M Beach Flags U11 F Beach Flags U12 M Beach Flags U12 F Beach Flags U13 M Beach Flags U13 F Beach Flags U14 M Beach Flags U14 F Beach Flags U15 M Beach Flags U15 F Beach Flags U17 M Beach Flags U17 F Beach Flags U19 M Beach Flags U19 F Beach Flags Open M Beach Flags Open F Beach Flags	Open Male & Female Beach Relays U15 Male & Female Beach Relays U19 Male & Female Beach Relays U17 Male & Female Beach Relays U13 M Beach Sprint U13 F Beach Sprint U12 M Beach Sprint U12 F Beach Sprint U11 M Beach Sprint U11 F Beach Sprint U10 M Beach Sprint U10 F Beach Sprint Open M Beach Sprint Open F Beach Sprint U15 M Beach Sprint U15 F Beach Sprint U19 M Beach Sprint U19 F Beach Sprint U17 M Beach Sprint U17 F Beach Sprint U14 M Beach Sprint U14 F Beach Sprint

First Aid Roster
2 x First Aid Members
Denmark



Department of
Local Government, Sport
and Cultural Industries

Revised 22/01/2019

SURF LIFE SAVING
WESTERN AUSTRALIA





2018 SunSmart Country Carnival – Water Events

Sunday 27 January 2019

PROGRAM OF EVENTS – Ocean Beach, Denmark

TIME	Water Events Sunday 27 January – Referee: Justin Meldrum			
7:30am	Officials and Team Managers briefing			
TIME	MALE WATER Referee: Jesper Rasmussen	FEMALE WATER Referee: Carolyn Wilson	U11/U13 WATER Referee: Bronwyn Meldrum	U10/U12 WATER Referee: Gary Bunford
7:45am	Marshaling	Marshaling	Marshaling	Marshaling
8:00am	Open M&F Double Ski Open Mixed Double Ski Open Surf Race and Teams U17 Surf Race and Teams U19 Surf Race and Teams U15 Surf Race U14 Surf Race Open Ski Race U17 Ski Race U19 Ski Race U15 Surf Teams Race Open Board Race U17 Board Race U19 Board Race U15 Board Race U14 Board Race Open Ironman U17 Ironman U19 Ironman U15 Ironman U14 Ironman U17 Taplin Relay U19 Taplin Relay Open Taplin Relay	U15 M&F Cameron Relay Open Surf Race and Teams U17 Surf Race and Teams U19 Surf Race and Teams U15 Surf Race U14 Surf Race Open Ski Race U17 Ski Race U19 Ski Race U15 Surf Teams Race Open Board Race U17 Board Race U19 Board Race U15 Board Race U14 Board Race Open Ironman U17 Ironman U19 Ironman U15 Ironman U14 Ironman U17 Taplin Relay U19 Taplin Relay Open Taplin Relay	U13 M Surf Race U13 F Surf Race U11 M Surf Race U11 F Surf Race U13 M Board Race U13 F Board Race U11 M Board Race U11 F Board Race U13 M Cameron Relay U13 F Cameron Relay U11 M Cameron Relay U11 F Cameron Relay	U12 M Surf Race U12 F Surf Race U10 M Surf Race U10 F Surf Race U12 M Board Race U12 F Board Race U10 M Board Race U10 F Board Race U10 M Cameron Relay U10 F Cameron Relay U12 M Cameron Relay U12 F Cameron Relay

IRB and Water Safety Roster				
1 x IRB Driver & Crew (with PDF's) and 1 x water safety member with rescue tube per senior arena		1 x IRB Driver & Crew (with PDF's) and 4 x water safety members with rescue tube per Nipper arena		1 x IRB Driver & Crew (with PDF's)
Male Water	Female Water	U11/U13 Water	U10/U12 Water	Boat Arena
Session 1: 7.45am				
Cottesloe	Trigg Island	Sorrento	Fremantle	North Cottesloe
Session 2: 10:15am				
Secret Harbour	Mandurah	Mullaloo	Coogee Beach	Swanbourne

First Aid Roster
2 x First Aid Members
Session 1: 7.45am
Albany
Session 2: 10:15am
Esperance Goldfields

The final water safety/first aid roster period may be extended depending on how the carnival is going for time. IRB Crews on Session 2 to assist with pack up
Additional volunteers may be required and will be requested over the PA.

*Boat events are on another Program of Events.

Note: This program of events is to be used as a guide only and may be subject to change by the event organiser.

- The order of events will be determined by the number of heats in an age group. eg. If Open and U17 have greater numbers, they will be run first.
- All Taplin Relays are 3-person teams.



2018 SunSmart Country Carnival 26-27 January 2018 PROGRAM OF EVENTS –Ocean Beach, Denmark



Entry Fee: \$20 per senior competitor, \$20 surf boat competitors, \$15 for junior competitors; irrespective of categories entered.

Entries to be completed online at www.mybeach.com.au → Members → Surf Sports → Entries. Entries will close **Monday 21 January, 11pm before event**. Clubs will be responsible for entering their competitors using the SLSWA online entry system and will be invoiced directly for entries at the end of the month.

Competitor award/proficiency requirements: All nipper competitors entered in water event must have completed a preliminary skills evaluation and competition skills evaluation for their age group and have these submitted in Surfguard prior to close of entries. Competitors that **only** participate in beach events do not require the Junior Competition Skills Evaluation and can be entered into “**Beach Events only entry**”. It is the club’s responsibility to ensure any competitor entering the event has the necessary requirements for the category they are entered into. **Competitor caps and hi-vis Engine lycra vests are compulsory.**

It is our intention to trial wristbands at this event for the Nipper competitors. Please note if we proceed with this trial competition numbers will not be issued.

For more information, please contact:

SLSWA’s Sport and Development Coordinator, Jason Wright on
9207 6666 or jwright@slswa.com.au

Surf Life Saving WA

7 Delawney Street, Balcatta WA 6021

W: www.mybeach.com.au | [facebook.com/surflifesavingwa](https://www.facebook.com/surflifesavingwa) | [@slswa](https://twitter.com/slswa)



Department of
Local Government, Sport
and Cultural Industries

Revised 22/01/2019

SURF LIFE SAVING
WESTERN AUSTRALIA





2018/19 SunSmart Little Nippers Round 2
Monday 28 January 2019
PROGRAM OF EVENTS – Ocean Beach, Denmark

TIME	SLSWA Event Manager: <i>David Somers</i> Carnival Referee: <i>Garry Bunford</i>	
7:30am	Officials arrive, safety briefing held	
	WATER ARENA Referee: TBC	BEACH ARENA Referee: TBC
7:45am	Marshalling will not occur prior to 7:45am	
	U8 Male Surf Race U8 Female Surf Race U8 Male Board Race U8 Female Board Race	U9 Male Beach Sprints U9 Female Beach Sprints U9 Male Beach Flags U9 Female Beach Flags
	Marshalling will not occur until completion of U9 beach events	Marshalling will not occur until completion of U8 water events
	U9 Male Surf Race U9 Female Surf Race U9 Male Board Race U9 Female Board Race	U8 Male Beach Sprints U8 Female Beach Sprints U8 Male Beach Flags U8 Female Beach Flags
	Marshalling will not occur until completion of all individual events	
	U8/U9 Male Cameron Relay U8/U9 Female Cameron Relay	

Entry Fee: \$10 per competitor; irrespective of categories entered. Entries to be completed online at www.mybeach.com.au → Members → Surf Sports → Entries. Entries will close **11pm on Monday 08 January 2019**. Clubs will be responsible for entering their competitors using the SLSWA online entry system and will be invoiced directly for entries at the end of the month.

Competition Divisions and Competitor Requirements

- a) U9 - Minimum 8 years of age with the U9 Junior Competition Skills Evaluation.
- b) U8 - Minimum 7 years of age with the U8 Junior Competition Skills Evaluation.

Note: Competitors that **only** participate in beach events do not require the Junior Competition Skills Evaluation.





WATER SAFETY ROSTER

	Water Arena
6:00am	Denmark SLSC

Each club on the above roster is to provide 1xIRB Driver & Crew plus 4 Water Safety Personnel. Water Safety Personnel minimum requirement is a Nipper Rescue Certificate. IRB Driver & Crew are required to bring PFD's and Water Safety Personnel require a rescue tube or rescue board.
 (NRC – rescue tube only)

Personnel will be required till the completion of the event. IRB Driver & Crew will be required to assist with pack up.

First Aid Roster
2 x First Aid Members
Session 1: 6.45am
Esperance Goldfields
Session 2: 9:15am
Albany

For more information, please contact:
 SLSWA Senior Development Officer, David Somers on 9207 6666 or dsomers@sllswa.com.au.
 Surf Life Saving WA
 7 Delawney Street, Balcatta WA 6021
 W: www.mybeach.com.au | [facebook.com/surflifesavingwa](https://www.facebook.com/surflifesavingwa) | [@sllswa](https://twitter.com/sllswa)

Little Nipper Numbers
Denmark Carnival 2019

No.	Last Name	First Name		Club	Age
1	Bennett-Norman	Taliah	F	AL	U/09
2	Bresanello	Jesiah	M	AL	U/09
3	Burger	Lalushka	F	AL	U/09
4	Durant	Keeley	F	AL	U/09
5	Eley-Woodhouse	Mitchell	M	AL	U/09
6	Nangle	Noah	M	AL	U/09
7	Pickens	Philidelphia	F	AL	U/09
8	Shepherd	Creed	M	AL	U/09
9	Steer	Tessa	F	AL	U/09
10	Coleman	Maya	F	CB	U/09
11	Cowdell	Evelyn	F	CB	U/09
12	Cummings	Jesse	M	CB	U/08
13	Hall	Austin	M	CB	U/08
14	Hall	Reid	M	CB	U/08
15	Roberts	Taylah	F	CB	U/08
16	Tibbels	Brody	M	CB	U/09
17	Howard	Allegra	F	CO	U/09
18	Hurst	Jack	M	CO	U/08
19	Swenson	Willie	M	CO	U/09
20	Carr	Uma	F	CY	U/09
21	Chaudhari	Rushil	M	CY	U/09
22	Cooper	Ocean	F	CY	U/08
23	Rynhoud	Cruz	M	CY	U/09
24	Wallace	Calum	M	CY	U/09
25	Young	Zane	M	CY	U/08
26	Barker	Sadie	F	DM	U/08
27	Barrow	Eliza	F	DM	U/09
28	Cybula	Liam	M	DM	U/09
29	Gleeson	Ginger	F	DM	U/09
30	Karaman	Jaxon	M	DM	U/09
31	Kelly	Jacob	M	DM	U/09
32	Kenyon	Anoushka	F	DM	U/09
33	Klose	Isaac	M	DM	U/08
34	Lund-Brunton	Joel	M	DM	U/09
35	MacDonald	Esme	F	DM	U/09
36	Oddi	Roqui	M	DM	U/08
37	Pierce	Charlie	M	DM	U/08
38	Thompson	Jethro	M	DM	U/09
39	Williams	Elliot	M	DM	U/09
40	Bell	Keira	F	EG	U/08
41	Doney	Oliver	M	EG	U/08
42	Murphy	Niamh	F	EG	U/08
43	Tonkin	Oscar	M	EG	U/08
44	Audeyev	Asha	F	FM	U/09
45	Bhatt	Shiya	M	FM	U/08
46	Cameron	Ella	F	FM	U/08
47	Connolly	Aisha	F	FM	U/09
48	Evans	Greta	F	FM	U/09
49	Gregorevic	Maggie	F	FM	U/08
50	Peppin	Kobe-Jackson	M	FM	U/08
51	McLaren	Jett	M	GN	U/09

No.	Last Name	First Name		Club	Age
52	Meehan	Connor	M	MH	U/08
53	Moogan	Isabella	F	MH	U/08
54	Barclay	Anais	F	ML	U/09
55	Bearman-Skipworth	Harry	M	ML	U/09
56	Browne	Oliver	M	ML	U/09
57	Campbell	Patrick	M	ML	U/09
58	Eliot	Caitlin	F	ML	U/09
59	Eliot	Maddison	F	ML	U/09
60	Gladwish	Arthur	M	ML	U/08
61	Honor	Amber	F	ML	U/09
62	Ketteringham	Arthur	M	ML	U/08
63	Linehan	Harry	M	ML	U/09
64	McComas	Cullen	M	ML	U/08
65	Murphy	Reiltin	F	ML	U/08
66	Nicholls	William	M	ML	U/09
67	Williams	Lola	F	ML	U/09
68	McCaffrey	Skye	F	NC	U/09
69	Bennett	Layne	F	QM	U/09
70	Timoko	Jade	F	QM	U/08
71	Melbin	Scarlett	F	SB	U/08
72	Tierney	Rebecca	F	SB	U/09
73	Goddard	Jessica	F	SH	U/09
74	Gorman	Amelie	F	SH	U/08
75	Needham	Sam	M	SH	U/09
76	Defrancesco	Lydia	F	SN	U/09
77	Griffiths	Hazel	F	SN	U/09
78	Belmont	Lars	M	SO	U/09
79	Bertolini	Madelyn	F	SO	U/09
80	Bomford - Hoath	Xavier	M	SO	U/09
81	Budd-Christie	Zavier	M	SO	U/09
82	Chin	Martha	F	SO	U/09
83	Doherty-Gardiner	Hudson	M	SO	U/09
84	Hawkins	Lucy	F	SO	U/09
85	Paap	Dylan	M	SO	U/09
86	Paccanaro	Lucas	M	SO	U/09
87	Stewart	Theresa	F	SO	U/09
88	Thomson	Noah	M	SO	U/09
89	Tregear	Spencer	M	SO	U/08
90	Williams	Nola	F	SO	U/08
91	Williams	Sullivan	M	SO	U/09
92	Yates	Trent	M	SO	U/09
93	Aitchison	Jimmy	M	TI	U/09
94	Christou	Dane	M	TI	U/09
95	Fulcher	Brady	M	TI	U/09
96	Hogden	Casper	M	TI	U/08
97	Hort	Hudson	M	TI	U/09
98	Johansson	Macey	F	TI	U/09
99	Lowry	Brodie	M	TI	U/09
100	Phillips	Kahlia	F	TI	U/09
101	Rigg	Owen	M	TI	U/08
102	Zaffino	Paea	F	TI	U/08

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17	Howard	Allegra	F	CO	U/09
18	Hurst	Jack	M	CO	U/08
19	Swenson	Willie	M	CO	U/09
20	Carr	Uma	F	CY	U/09
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22	Cooper	Ocean	F	CY	U/08
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26	Barker	Sadie	F	DM	U/08
27	Barrow	Eliza	F	DM	U/09
28	Cybula	Liam	M	DM	U/09
29	Gleeson	Ginger	F	DM	U/09
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45	Bhatt	Shiya	M	FM	U/08
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59	Eliot	Maddison	F	ML	U/09
60	Gladwish	Arthur	M	ML	U/08
61	Honor	Amber	F	ML	U/09
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67	Williams	Lola	F	ML	U/09
68	McCaffrey	Skye	F	NC	U/09
69	Bennett	Layne	F	QM	U/09
70	Timoko	Jade	F	QM	U/08
71	Melbin	Scarlett	F	SB	U/08
72	Tierney	Rebecca	F	SB	U/09
73	Goddard	Jessica	F	SH	U/09
74	Gorman	Amelie	F	SH	U/08
75	Needham	Sam	M	SH	U/09
76	Defrancesco	Lydia	F	SN	U/09
77	Griffiths	Hazel	F	SN	U/09
78	Belmont	Lars	M	SO	U/09
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97	Hort	Hudson	M	TI	U/09
98	Johansson	Macey	F	TI	U/09
99	Lowry	Brodie	M	TI	U/09
100	Phillips	Kahlia	F	TI	U/09
101	Rigg	Owen	M	TI	U/08
102	Zaffino	Paea	F	TI	U/08

HOW LUCKY ARE YOU?

YOU'RE EXACTLY WHAT WE ARE LOOKING FOR!

We know that as one of our AMAZING Albany clubbies, **YOU** have hidden talents that you're BURSTING to share with us.

The great news is... You DON'T have to be a champion lifesaver, ironman, swimmer, sprinter, paddler or boatie. You don't even have to be able to swim, like the water or have your bronze medallion to help out. There's a job for everyone.



We have a few positions that will be vacant next season.

It's time to look forward to next season and think about what role (BIG or small) that you could take on. Don't be shy, we provide training, help, support and mentoring.

WHAT ARE YOU INTERESTED IN?

Admin	Flags/Sprints	Paddling
Age Group Manager	Fundraising	Photography
Assessing	Insurance	Promotion
Beach events	Leadership	Record keeping
Canteen	Lifesaving	Rowing
Catering	Maintenance	Sausage sizzling
Coaching	Managing people	Social Media
Cooking	Marketing	Sponsorship
Education	Member Registration	Swimming
Entertainment	Merchandise	Teaching
Event management	Nippers	Team work
First Aid	Number crunching	Water safety

**Find out what positions are available and
register your interest with Perdie
admin@albanysurfclub.com.au | 0408 102 585**

OR catch up with our Board members and Team Leaders:
**Rob Mason, Sarah Bowles, Chris Swarts, Matt Wells, Gemma Sandy,
Ainslie Mason, Celia Waugh, Andrew Duffield, Becci Stephens**

Cadet Camp

The 2019 Cadet Camp is set for Friday Feb 8 (after school) to Sunday Feb 10th at Camp Quararup.

This year's camp is set to be action packed, challenging and fun.

It is open to all Albany Cadets & U14's who have completed SRC training.

Spaces are limited, we expect the camp to book out so get in early.

Contact Carl carl.richardson@westnet.com.au or 0429 920 268 for further information, registration forms.

Applications close Friday February 1st.

Patrol Update

Patrol volunteers needed THIS Sunday

If you are free and able to help out please text Dani on 0437 411 557.

Hi All, I have a few housekeeping points. Team it is really important that we get these correct! All writing must be clear and legible please!

- When signing on AND off patrol, record time and name CLEARLY
- If your name is not on the roster please make sure that you record your position ie SRC BM

Incident Forms

- Complete as much of the form as possible. All incidents are recorded on Surfguard.
- We must have a location recorded for each incident i.e. Middleton Beach
- When writing the details of the incident, date and name of victim PLEASE record clearly so it can be read by others.

Just a reminder to those on patrol, please turn up for your allocated time from your patrol captain, most patrols have been divided into even rotations and turning up when it suits, without discussing with your captain can leave the other shift short. Illness and injury can't be helped, however, if you know you are not going to make patrol, please try to organize a suitable proxy. And finally, if your patrol starts at 8am, you need to be there 15 minutes earlier to set up and have a briefing from your Captain.

Competition Hours; hours for competing this year have hopefully been done. Just remember to keep an eye on them until the season finishes as most people aren't doing full days now, and come December, people hit the panic button and 30 people turn up for 1 patrol!!! (and yes that has happened.)

Thanks for your patience, your volunteering effort is appreciated, any feedback is welcome.

Dan

PLEASE REMEMBER - Proxy requests for patrols will only be advertised in the Rip for 1 week unless requested

Education Corner

Celia Waugh ~ Team Leader Education/Lifesaving

OFFICIALS COURSE

With the upcoming carnivals we are looking to increase our Officials.

If you are interested, please let me or Nadine Shepherd know.

The course is done online through the Members Portal (there is a cost that the Club will reimburse) and the practical is done at the carnival under supervision.

There is also a **Cadet Nipper Carnival Officials course**.

If you are a cadet and keen to branch out and do the officials course, please let me know.

The details of the courses we deliver can be found on the website

What I need now is for you to let me know what course/s you want to do.

Email or message me – celia8083@hotmail.com or 0403 555 421

Dates for ARTC

1. Thursday 31st January 6:00 pm – 8:30 pm – delivery of training – practice of assessment tasks – those that are interested should to the online training ASAP or need to have completed by the Assessment date.
2. Sunday 3rd February 11:00 am – 1:00 pm approx – discussion of online training if any questions, perform assessment tasks – CPR on infant – Airway Management and Oxygen use – Full Resuscitation.

Any expressions of interest please email Beth on wbhea@iinet.net.au to get started with the online training

SMITH - THORNTON annual Club Swim, 12th January 2019.

The annual Smith - Thornton Surf Club Swim saw 23 competitors take to the water in near perfect conditions.

In the Womens comp. Beth Hearle was first across the line with Adam Cousins winning the Mens prize.

Many thanks again to Simon Smith and Dean Thornton for continued sponsorship and commitment to the ASLC.

Club Swim Sunday 20th January.

Sunday saw 13 competitors, in the ASLC swim, the smallest turnout for a while, but the probably the closest competition this season.

Greg Peppal was up the beach first, followed by Sally Moir and Beth Hearle in third position.

Congrats to all. Remember no Club swim this Sunday due to comps in Denmark.

Hope to see you for the next swim on Sunday the 3rd of February.

Richard

Events Team Update

We have some exciting club and community events coming up.

Please find flyers for events included in the RIP and on Facebook.

Friday 15 February 2019 – Quiz Night

All events are family friendly and we encourage all members to support the events.

ALBANY SURF LIFESAVING CLUB

QUIZ NIGHT

FRIDAY 15 FEB

**BAR! PRIZES! FUN!
MORE PRIZES!
TRICKY QUESTIONS!**

TABLES \$120

**MAX OF 8
PEOPLE PER TABLE**

BYO NIBBLES

DOORS OPEN 6.30PM

**QUIZ STARTS
7PM SHARP**

TEST YOURSELF AGAINST SOME OF THE GREATEST MINDS IN THE SOUTHERN HEMISPHERE!*
GET A TEAM TOGETHER, GET YOUR GENERAL KNOWLEDGE SKATES ON, AND GET READY FOR A FUN NIGHT
SUPPORTING THE SURF CLUB. BOOK NOW AT [HTTPS://ALBANY-SURF-CLUB-QUIZ-NIGHT.EVENTBRITE.COM.AU](https://albany-surf-club-quiz-night.eventbrite.com.au).
CAN'T GET A GROUP TOGETHER? NO PROBLEM... CONTACT US ON THE DETAILS BELOW AND WE'LL PLACE YOU ON A TABLE.

FOR MORE INFO EMAIL EVENTS@ALBANYSURFCLUB.COM OR CALL HEIKE ON 0474 324 722

* Whether or not the greatest minds in the southern hemisphere will or will not be present during the quiz night at any given moment, time or otherwise (or in any other kind of eventuality... sort of thing...) is purely a subjective assessment by the event organisers, and only represents their view (at a point in time – unspecified) when they likely had too many drinks... this should in no way be considered to represent the reality of anything... anywhere. In the unlikely instance no 'great minds' are present during the evening a strict no refund policy applies and you only have yourselves to blame – by order of the event organisers.

**Albany Surf
Lifesaving Club**

Community and Employment Opportunities

For Sale

Dolphin Dominator Surf Ski, suit inside leg approximately 80cm, good condition, pick up only. \$700

Epic, Bennet Carbon Fibre Paddle, 212cm \$200

Please contact Greg: 0447 500 220

YOGA *with* JOY

EARLY MORNING YOGA CLASS

*Open to all levels of yoga
experience. Beginners welcome.*

NEW TIME! Wednesday mornings 6 to 7am
at Albany Surf Life Saving Club,
Middleton Beach (upstairs in the clubroom).

Welcome the middle of the week with an
early morning yoga class. Energise and
stretch the body before finishing with a
short relaxation to calm the mind, whilst
overlooking beautiful Middleton Beach.

Cost: \$15 per class *or*
\$10 per class for ASLSC club members.
Bring a yoga mat and towel.

Further enquiries contact Joy Abbott 0412 229 931

WANTED participants, carers and water volunteers for 'Let's Go Surfing Days' – See Flyer below

Registrations encouraged for catering purposes

<https://www.eventbrite.com.au/e/lets-go-surfing-registration-49082056753>

Disabled Surfers Association Great Southern “Let's Go Surfing Days”



Supported by: national disabledsurfers.org/
Due the huge success of DSA/GS with the 3 surfing days in 2018 (our first year) with the biggest smiles from participants, carers, parents and volunteers there will be 4 days in 2019.



Participants & Water Volunteers

Register 9am, water 10 am – 12 noon, presentations and free BBQ

**2019 Saturdays - January 12th,
February 9th, March 16th, April 20th**

Albany - Middleton Beach, (bring your own refillable water bottles)

www.facebook.com/DisabledSurfersGS/

REGISTER NOW: <https://www.eventbrite.com.au/e/lets-go-surfing-registration-48467869703>

CASH for CANS



Soft drink cans and bottles



Bottled waters - both plastic and glass



Small flavoured milk drinks



Sports drinks and spirit-based mixed drinks



Beer and cider cans and bottles

Get your 10¢ refund here

The WA Container Deposit Scheme is coming in early 2020!

Designed to give a bit of a taster ahead of the introduction of the WA Container Deposit Scheme in 2020. Western Australia Local Government Association (WALGA) Container Deposit Scheme stall will be at Middleton Beach on Friday 25 January as part of the Middleton Beach Festival Program.

WALGA staff will be operating the stand and community members will be invited to bring their cans, drink bottles and choc milk cartons along and receive 10c per item.

Bring as many containers as you can carry from home (no ute loads!). You can bring beverage cans, plastic and glass bottles and flavoured milk cartons. Please ensure the containers are clean and empty. Unfortunately we can't accept wine or spirit bottles or plain milk containers, please dispose of in your recycle bin at home.

For further information please visit <https://www.der.wa.gov.au/our-work/programs/111-wa-container-deposit-scheme>

CAMBRIDGE

OPEN WATER SWIM

9 FEBRUARY 2019

City of Perth SLSC and Floreat SLSC are joining forces to bring you the Cambridge Open Water Swim to raise money for Surf Life Saving within the Town of Cambridge.

Our 4 different swim lengths provide a challenge for all abilities.

800m

8.00am start
\$20

2km

8.10am start
\$35

4km

8.40am start
\$35

6km

8.30am start
\$35

Melanoma WA will be at City Beach performing free skin checks to raise awareness for a good cause.

For more information and registration visit www.registernow.io and search **Cambridge Open Water Swim**.

MEMBER INFO

STAYING IN TOUCH - READ THE RIP, PLEASE TURN ON NOTIFICATIONS FOR OUR [FACEBOOK PAGE](#), VISIT [WEBSITE](#) REGULARLY.

SPONSORS – photo rights

Our sponsors may want to use a photo in their publications from Surf Club ie. Club Champs Day, Ryde Marathon. [Sponsor Form](#) or see the website for the form asking for permission for the sponsor to use an image. Please complete and return email to sponsor@albanysurfclub.com.au or bring to a club day.

The Small Print

Photographs & Communication In the course of normal Surf Club activities your child's or your photo could be taken. Sometimes these images may be used for public viewing such as newspaper articles, website, FACEBOOK, newsletters and Surf Club publications. If you do not want your or your child's image used for any purpose outside Surf Club please inform the Surf Club in writing to media@albanysurfclub.com.au. Please be advised that given the amount of pictures taken during a Surf Club season it is not always possible to identify all the children. Alternatively if you have taken photos through the season that are suitable please send to the above email for inclusion and or archiving. (name & date images.) Any articles for the newsletter must be emailed to media@albanysurfclub.com.au by Wednesday 2pm all articles and advertising must comply with SLSWA policy and are subject to approval.

Please refer to your Handbook for information about events, procedures and contact lists.

FACEBOOK 

 Instagram

www.albanysurfclub.com.au

Australian for life. 