



A Massive Country Carnival!

Well done to our mates at Denmark SLSC for hosting the biggest SLSWA Sunsmart Country Carnival yet with over 900 competitors!

Albany had a massive presence which was fantastic to see – huge representation in all arenas – boats, opens, nippers and little nippers. Congratulations to all our competitors – plenty of surf, spills and action – I hope you all enjoyed it and have now recovered.

Thanks to all our helpers – those managing nippers, filling first aid spots, water safety and organising logistics and gear. A great effort all round!

Thanks also to all those back at Midds keeping our own beach safe during an extremely busy weekend.

We have a few short weeks before State carnivals start in Perth – time to not only hone your skills, but to thank those who help you – coaches, Age Group Managers, water safety people, parents, etc.

See you at the beach!

Rob

more details at
www.albanysurfclub.com

Club Sundowner
Friday 1 Feb
@ ASLSC

2019 Cadet Camp
Friday 10 February
@ Camp Quaranup

Family Quiz Night
Friday 15 February
@ ASLSC

Muttonbird Club Day
Sunday 17 February
@ Muttonbird Beach

Club Champs
Nippers & Seniors
Sunday 24 February
@ Midds

WA Masters Senior Champs
Saturday March 2
@ Sorrento Beach

WA Country & Little Nippers Champs
Sunday March 3
@ Sorrento

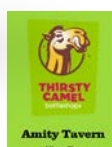


SMITH
THORNTON
ACCOUNTANTS

the naked bean
coffee roasters



Albany Advertiser



Well done Team Albany!

If you weren't at Ocean Beach last weekend you definitely missed out on some great action, with our Clubbie's doing us proud. Not only did we achieve some great individual results, our strong club spirit was also on display with a range of AGM's, helpers, 1st Aid and water safety personnel getting in on the action! Our Club President even refused to hand over the reins on the trusty jet ski on Sunday and rode the beast all day. Thanks for the effort Rob!

A copy of the results from the Denmark Carnival are attached. Congratulations to all those who competed and a special mention to those clubbies that managed to take a podium place, including:

- Molly Bowles: 1st U17 2km run, 2nd U17 Ironwoman.
- Colin Pass: 1st Open 2km run.
- Jason Bresanello: 1st Open Ironman.
- Fergus Martin: 1st U15 Ironman, 3rd U15 surf race.
- Oliver Pass: 2nd U11 1km run.
- Jacques Swarts: 2nd U15 board race, 2nd U15 sprint, 3rd U15 Ironman.
- Hamish Bowles: 3rd U12 1km run.
- Nik Roecker: 3rd U15 beach flags.
- Angus Bowles: 3rd U14 surf race, 3rd U14 Ironman.
- "Fat Gannets": 3rd Open Female Surf Boats.

We also achieved some great results in our team events including:

- 1st U10 Male Cameron Relay.
- 1st Open Male Taplin relay.
- 1st U17 Male Surf Race Teams.
- 1st U17 Female Surf Race Teams.
- 1st Youth Male Surf Race Teams.
- 2nd U15 Male Beach relay.
- 3rd Open Male Beach relay.

This week the action will return to Middleton Beach for a "normal" club Sunday. **Red Caps** are the duty age group this Sunday – so please be on deck from 8am to help with set up and also for pack down + goodies for the canteen.

Enjoy the last week of school holidays and see you on the beach!

Andrew

HOW LUCKY ARE YOU?

YOU'RE EXACTLY WHAT WE ARE LOOKING FOR!

We know that as one of our AMAZING Albany clubbies, **YOU** have hidden talents that you're BURSTING to share with us.

The great news is... You DON'T have to be a champion lifesaver, ironman, swimmer, sprinter, paddler or boatie. You don't even have to be able to swim, like the water or have your bronze medallion to help out. There's a job for everyone.



We have a few positions that will be vacant next season.

It's time to look forward to next season and think about what role (BIG or small) that you could take on. Don't be shy, we provide training, help, support and mentoring.

WHAT ARE YOU INTERESTED IN?

Admin	Flags/Sprints	Paddling
Age Group Manager	Fundraising	Photography
Assessing	Insurance	Promotion
Beach events	Leadership	Record keeping
Canteen	Lifesaving	Rowing
Catering	Maintenance	Sausage sizzling
Coaching	Managing people	Social Media
Cooking	Marketing	Sponsorship
Education	Member Registration	Swimming
Entertainment	Merchandise	Teaching
Event management	Nippers	Team work
First Aid	Number crunching	Water safety

**Find out what positions are available and
register your interest with Perdie
admin@albanysurfclub.com.au | 0408 102 585**

OR catch up with our Board members and Team Leaders:
**Rob Mason, Sarah Bowles, Chris Swarts, Matt Wells, Gemma Sandy,
Ainslie Mason, Celia Waugh, Andrew Duffield, Becci Stephens**

Cadet Camp

The 2019 Cadet Camp is set for Friday Feb 8 (after school) to Sunday Feb 10th at Camp Quararup.

This year's camp is set to be action packed, challenging and fun.

It is open to all Albany Cadets & U14's who have completed SRC training.

Spaces are limited, we expect the camp to book out so get in early.

Contact Carl carl.richardson@westnet.com.au or 0429 920 268 for further information, registration forms.

Applications close Friday February 1st.

Patrol Update

THANK YOU to all of the clubbies that turned up and did patrol on Sunday. Helping out at short notice to fill a patrol for a beautiful and busy day at Midds was really appreciated.

You are *S u p e r S t a r s !*

Hi All, I have a few housekeeping points. Team, it is really important that we get these correct!

- All writing must be clear and legible please!
- When signing on AND off patrol, record time and name CLEARLY
- If your name is not on the roster please make sure that you record your position ie SRC BM

Incident Forms

- Complete as much of the form as possible. All incidents are recorded on Surfguard.
- We must have a location recorded for each incident i.e. Middleton Beach
- When writing the details of the incident, date and name of victim PLEASE record clearly so it can be read by others.

Just a reminder to those on patrol, please turn up for your allocated time from your patrol captain, most patrols have been divided into even rotations and turning up when it suits, without discussing with your captain can leave the other shift short. Illness and injury can't be helped, however, if you know you are not going to make patrol, please try to organize a suitable proxy. And finally, if your patrol starts at 8am, you need to be there 15 minutes earlier to set up and have a briefing from your Captain.

Competition Hours; hours for competing this year have hopefully been done. Just remember to keep an eye on them until the season finishes as most people aren't doing full days now, and come December, people hit the panic button and 30 people turn up for 1 patrol!!! (and yes that has happened.)

Thanks for your patience, your volunteering effort is appreciated, any feedback is welcome.

Dan

PLEASE REMEMBER - Proxy requests for patrols will only be advertised in the Rip for 1 week unless requested

Education Corner

Celia Waugh ~ Team Leader Education/Lifesaving

OFFICIALS COURSE

With the upcoming carnivals we are looking to increase our Officials.

If you are interested, please let me or Nadine Shepherd know.

The course is done online through the Members Portal (there is a cost that the Club will reimburse) and the practical is done at the carnival under supervision.

There is also a **Cadet Nipper Carnival Officials course**.

If you are a cadet and keen to branch out and do the officials course, please let me know.

The details of the courses we deliver can be found on the website

What I need now is for you to let me know what course/s you want to do.

Email or message me – celia8083@hotmail.com or 0403 555 421

Dates for ARTC

1. Thursday 31st January 6:00 pm – 8:30 pm – delivery of training – practice of assessment tasks – those that are interested should to the online training ASAP or need to have completed by the Assessment date.
2. Sunday 3rd February 11:00 am – 1:00 pm approx – discussion of online training if any questions, perform assessment tasks – CPR on infant – Airway Management and Oxygen use – Full Resuscitation.

Any expressions of interest please email Beth on wbhea@iinet.net.au to get started with the online training

Events Team Update

We have some exciting club and community events coming up.

Please find flyers for events included in the RIP and on Facebook.

Friday 15 February 2019 – Quiz Night

All events are family friendly and we encourage all members to support the events.

ALBANY SURF LIFESAVING CLUB

QUIZ NIGHT

FRIDAY 15 FEB

BAR! PRIZES! FUN!
MORE PRIZES!
TRICKY QUESTIONS!

TABLES \$120

**MAX OF 8
PEOPLE PER TABLE**

BYO NIBBLES

DOORS OPEN 6.30PM

**QUIZ STARTS
7PM SHARP**

TEST YOURSELF AGAINST SOME OF THE GREATEST MINDS IN THE SOUTHERN HEMISPHERE!*
**GET A TEAM TOGETHER, GET YOUR GENERAL KNOWLEDGE SKATES ON, AND GET READY FOR A FUN NIGHT
SUPPORTING THE SURF CLUB. BOOK NOW AT [HTTPS://ALBANY-SURF-CLUB-QUIZ-NIGHT.EVENTBRITE.COM.AU](https://albany-surf-club-quiz-night.eventbrite.com.au).**
CAN'T GET A GROUP TOGETHER? NO PROBLEM... CONTACT US ON THE DETAILS BELOW AND WE'LL PLACE YOU ON A TABLE.

FOR MORE INFO EMAIL EVENTS@ALBANYSURFCLUB.COM OR CALL HEIKE ON 0474 324 722

* Whether or not the greatest minds in the southern hemisphere will or will not be present during the quiz night at any given moment, time or otherwise (or in any other kind of eventuality... sort of thing...) is purely a subjective assessment by the event organisers, and only represents their view (at a point in time – unspecified) when they likely had too many drinks... this should in no way be considered to represent the reality of anything... anywhere. In the unlikely instance no 'great minds' are present during the evening a strict no refund policy applies and you only have yourselves to blame – by order of the event organisers.



**Albany Surf
Lifesaving Club**

W.A. SURF LIFE SAVERS 25 Year Club

This club came into being in 1972 with the late Bill Kidner being the enthusiastic catalyst behind its formation. The inaugural meeting took place at the North Cottesloe Surf Lifesaving Club on Wednesday 27th 1972. It is unique to W.A. so far, with no other club like it in Australia's surf lifesaving circles.

**The club is open to all members that have received the SLSA 25 Year Service Award or above
OR
have completed at least 25 years of service with their club.**

The objects of the WA Surf Life Savers 25 Year Club are:

1. For members to participate in a wider association while still retaining interest and support for their own clubs, it promotes the comradery of all surf lifesavers and helps to relive the great years of friendship and fellowship with social events being offered during the year.
2. To foster good will and social activity among present and past surf lifesavers who qualify for membership under its constitution.
3. To always support the Junior movement of Surf Lifesaving and work with Surf Lifesaving W.A. in promoting this area of development.

The cost of membership is \$10 annually and contributes to the running of our club.

With regards to social events the club tries to organise sundowners at different surf clubs throughout the year as well as utilising the barbeque area at Surf Lifesaving W.A. in Balcatta. The costs to members are always kept to a minimum.

In past years we have been able to have a buffet dinner at the Hillarys Yacht Club. This has acted as the club's end of season dinner. Members partners are always welcome.

It is always a privilege and an honour to associate with our surfing mates and ladies.

Eligible members interested in joining the 25 Year Club can contact the following:

President: Jeff Young (Scarboro) Mobile 0437755377 Email jdyserv@bigpond.com

Secretary: Brian Carthew (Trigg Island) Mobile 0409448521 Email cyberian@iinet.net.au

Community and Employment Opportunities

For Sale

Dolphin Dominator Surf Ski, suit inside leg approximately 80cm, good condition, pick up only. \$700

Epic, Bennet Carbon Fibre Paddle, 212cm \$200

Please contact Greg: 0447 500 220

YOGA *with* JOY

EARLY MORNING YOGA CLASS

*Open to all levels of yoga
experience. Beginners welcome.*

NEW TIME! Wednesday mornings 6 to 7am
at Albany Surf Life Saving Club,
Middleton Beach (upstairs in the clubroom).

Welcome the middle of the week with an
early morning yoga class. Energise and
stretch the body before finishing with a
short relaxation to calm the mind, whilst
overlooking beautiful Middleton Beach.

Cost: \$15 per class *or*
\$10 per class for ASLSC club members.
Bring a yoga mat and towel.

Further enquiries contact Joy Abbott 0412 229 931

CAMBRIDGE

OPEN WATER SWIM

9 FEBRUARY 2019

City of Perth SLSC and Floreat SLSC are joining forces to bring you the Cambridge Open Water Swim to raise money for Surf Life Saving within the Town of Cambridge.

Our 4 different swim lengths provide a challenge for all abilities.

800m

8.00am start
\$20

2km

8.10am start
\$35

4km

8.40am start
\$35

6km

8.30am start
\$35

Melanoma WA will be at City Beach performing free skin checks to raise awareness for a good cause.

For more information and registration visit www.registernow.io and search **Cambridge Open Water Swim**.

WANTED participants, carers and water volunteers for 'Let's Go Surfing Days' – See Flyer below

Registrations encouraged for catering purposes

<https://www.eventbrite.com.au/e/lets-go-surfing-registration-49082056753>

Disabled Surfers Association Great Southern “Let's Go Surfing Days”



Supported by: national disabledsurfers.org/
Due the huge success of DSA/GS with the 3 surfing days in 2018 (our first year) with the biggest smiles from participants, carers, parents and volunteers there will be 4 days in 2019.



Participants & Water Volunteers

Register 9am, water 10 am – 12 noon, presentations and free BBQ

**2019 Saturdays - January 12th,
February 9th, March 16th, April 20th**

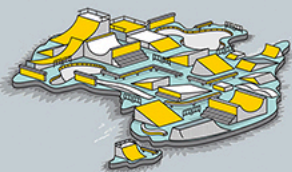
Albany - Middleton Beach, (bring your own refillable water bottles)

www.facebook.com/DisabledSurfersGS/

REGISTER NOW: <https://www.eventbrite.com.au/e/lets-go-surfing-registration-48467869703>

Albany Skate Park

DAY ONE



Skate Park Leagues
SATURDAY 2ND FEB 2019
 \$400 in prize giveaways!



SKATE PARK LEAGUES

Grass roots skate, scoot and BMX event

FREE ENTRY

\$400 worth of prizes raffled

LOCATION

Albany Sk8 & BMX Park, 77 Sanford Rd,
 Centennial Park

DIVISION TIMES

11:00am Scoot

12:30pm BMX

1:30pm Skate

**TOP 2 SKATERS FROM SKATE
 DIVISION INVITED TO NATIONAL
 FINAL IN MELBOURNE**

Albany Skate Park

DAY TWO

Australian Skateboarding League

Western Australian Qualifier
SUNDAY 3RD FEB 2019
 \$1,000 prize purse + prizes



AUSTRALIAN SKATEBOARDING LEAGUE

Pro/Am skateboarding event

ENTRY \$25

International ranking points, ASL merch

LOCATION

Albany Sk8 & BMX Park, 77 Sanford Rd,
 Centennial Park

DIVISION TIMES

11:30am 12&U male, 14&U female

1:15pm 16&U male

2:45pm open female

4:15pm open male

**TOP 5 FROM EACH DIVISION
 INVITED TO NATIONAL FINAL
 IN MELBOURNE**



MEMBER INFO

STAYING IN TOUCH - READ THE RIP, PLEASE TURN ON NOTIFICATIONS FOR OUR [FACEBOOK PAGE](#), VISIT [WEBSITE](#) REGULARLY.

SPONSORS – photo rights

Our sponsors may want to use a photo in their publications from Surf Club ie. Club Champs Day, Ryde Marathon. [Sponsor Form](#) or see the website for the form asking for permission for the sponsor to use an image. Please complete and return email to sponsor@albanysurfclub.com.au or bring to a club day.

The Small Print

Photographs & Communication In the course of normal Surf Club activities your child's or your photo could be taken. Sometimes these images may be used for public viewing such as newspaper articles, website, FACEBOOK, newsletters and Surf Club publications. If you do not want your or your child's image used for any purpose outside Surf Club please inform the Surf Club in writing to media@albanysurfclub.com.au. Please be advised that given the amount of pictures taken during a Surf Club season it is not always possible to identify all the children. Alternatively if you have taken photos through the season that are suitable please send to the above email for inclusion and or archiving. (name & date images.) Any articles for the newsletter must be emailed to media@albanysurfclub.com.au by Wednesday 2pm all articles and advertising must comply with SLSWA policy and are subject to approval.

Please refer to your Handbook for information about events, procedures and contact lists.

FACEBOOK 

 Instagram

www.albanysurfclub.com.au

Australian for life. 